



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Event 59: 400m Freestyle Level 2, Female, 9yrs +, HDW, 31/03/2013

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
Overall Result								
1	Givenchy SNEEKES (BHMM)	(C)	(97)	[2]	(04:25.73)	04:21.99	1.4	720
	Lap 1 00:29.75(29.75)	Lap 2 01:02.59(32.84)	Lap 3 01:36.11(33.52)	Lap 4 02:10.01(33.90)				
	Lap 5 02:43.60(33.59)	Lap 6 03:16.89(33.29)	Lap 7 03:50.58(33.69)	End 04:21.99(31.41)				
2	Chloe FINCH (BHMM)	(C)	(98)	[1]	(04:25.46)	04:22.12	1.2	719 (719)
	Lap 1 00:29.94(29.94)	Lap 2 01:02.29(32.35)	Lap 3 01:35.50(33.21)	Lap 4 02:09.09(33.59)				
	Lap 5 02:42.64(33.55)	Lap 6 03:16.44(33.80)	Lap 7 03:50.26(33.82)	End 04:22.12(31.86)				
3	Isobel GRIFFITHS (BHMM)	(C)	(99)	[3]	(04:32.75)	04:30.67	0.7	653 (653)
	Lap 1 00:30.35(30.35)	Lap 2 01:03.76(33.41)	Lap 3 01:37.86(34.10)	Lap 4 02:12.44(34.58)				
	Lap 5 02:47.08(34.64)	Lap 6 03:21.91(34.83)	Lap 7 03:56.76(34.85)	End 04:30.67(33.91)				
4	Victoria LONG (BHMM)	(B)	(00)	[5]	(04:37.06)	04:35.02	0.7	623 (623)
	Lap 1 00:31.15(31.15)	Lap 2 01:04.73(33.58)	Lap 3 01:39.32(34.59)	Lap 4 02:14.14(34.82)				
	Lap 5 02:49.30(35.16)	Lap 6 03:24.80(35.50)	Lap 7 04:00.49(35.69)	End 04:35.02(34.53)				
5	Shannon FOX (COVM)	(C)	(98)	[10]	(04:41.92)	04:37.80	1.4	604
	Lap 1 00:31.65(31.65)	Lap 2 01:06.02(34.37)	Lap 3 01:40.79(34.77)	Lap 4 02:16.35(35.56)				
	Lap 5 02:52.15(35.80)	Lap 6 03:28.17(36.02)	Lap 7 04:04.34(36.17)	End 04:37.80(33.46)				
6	Lucy CORDEN (BHMM)	(C)	(96)	[7]	(04:39.73)	04:38.41	0.4	600
	Lap 1 00:31.10(31.10)	Lap 2 01:04.86(33.76)	Lap 3 01:40.04(35.18)	Lap 4 02:15.78(35.74)				
	Lap 5 02:51.60(35.82)	Lap 6 03:27.97(36.37)	Lap 7 04:03.89(35.92)	End 04:38.41(34.52)				
7	Sarah KING (NUNM)	(C)	(97)	[9]	(04:41.88)	04:40.62	0.4	586
	Lap 1 00:31.01(31.01)	Lap 2 01:05.48(34.47)	Lap 3 01:40.70(35.22)	Lap 4 02:16.59(35.89)				
	Lap 5 02:52.96(36.37)	Lap 6 03:29.42(36.46)	Lap 7 04:05.59(36.17)	End 04:40.62(35.03)				
8	Rachel WILSON (BLDM)	(C)	(98)	[14]	(04:46.60)	04:44.81	0.6	561 (561)
	Lap 1 00:32.24(32.24)	Lap 2 01:07.88(35.64)	Lap 3 01:44.49(36.61)	Lap 4 02:20.93(36.44)				
	Lap 5 02:56.95(36.02)	Lap 6 03:33.31(36.36)	Lap 7 04:09.97(36.66)	End 04:44.81(34.84)				
9	Katie RICHARDSON (BLDM)	(C)	(96)	[11]	(04:43.43)	04:45.24	-0.6	558
	Lap 1 00:32.14(32.14)	Lap 2 01:07.17(35.03)	Lap 3 01:43.27(36.10)	Lap 4 02:19.63(36.36)				
	Lap 5 02:56.20(36.57)	Lap 6 03:32.89(36.69)	Lap 7 04:09.53(36.64)	End 04:45.24(35.71)				
10	Lucy GLOVER (SOLM)	(C)	(98)	[23]	(04:50.31)	04:47.12	1.0	547
	Lap 1 00:32.11(32.11)	Lap 2 01:07.39(35.28)	Lap 3 01:44.42(37.03)	Lap 4 02:21.48(37.06)				
	Lap 5 02:58.31(36.83)	Lap 6 03:35.59(37.28)	Lap 7 04:12.37(36.78)	End 04:47.12(34.75)				
11	Ella ROBINSON (LEAM)	(C)	(95)	[30]	(04:54.56)	04:47.67	2.3	544
	Lap 1 00:32.79(32.79)	Lap 2 01:08.07(35.28)	Lap 3 01:44.27(36.20)	Lap 4 02:20.87(36.60)				
	Lap 5 02:57.52(36.65)	Lap 6 03:34.35(36.83)	Lap 7 04:11.72(37.37)	End 04:47.67(35.95)				
12	Alice QUINN (COVM)	(C)	(97)	[19]	(04:47.69)	04:48.23	-0.1	541
	Lap 1 00:32.06(32.06)	Lap 2 01:07.93(35.87)	Lap 3 01:44.82(36.89)	Lap 4 02:21.98(37.16)				
	Lap 5 02:58.90(36.92)	Lap 6 03:36.27(37.37)	Lap 7 04:13.17(36.90)	End 04:48.23(35.06)				
13	Rebecca ORTON (COLA)	(C)	(98)	[25]	(04:51.34)	04:48.48	0.9	540 (540)
	Lap 1 00:32.02(32.02)	Lap 2 01:08.53(36.51)	Lap 3 01:45.59(37.06)	Lap 4 02:23.01(37.42)				
	Lap 5 02:59.86(36.85)	Lap 6 03:36.51(36.65)	Lap 7 04:13.14(36.63)	End 04:48.48(35.34)				
14	Emma BOND (DAVA)	(C)	(97)	[18]	(04:47.49)	04:48.59	-0.3	539
	Lap 1 00:32.50(32.50)	Lap 2 01:07.44(34.94)	Lap 3 01:43.63(36.19)	Lap 4 02:20.37(36.74)				
	Lap 5 02:56.96(36.59)	Lap 6 03:34.19(37.23)	Lap 7 04:11.95(37.76)	End 04:48.59(36.64)				
15	Amy NEILD (BEMA)	(C)	(98)	[20]	(04:47.88)	04:50.01	-0.7	531 (531)
	Lap 1 00:32.75(32.75)	Lap 2 01:08.92(36.17)	Lap 3 01:46.16(37.24)	Lap 4 02:23.41(37.25)				
	Lap 5 03:00.31(36.90)	Lap 6 03:37.82(37.51)	Lap 7 04:15.05(37.23)	End 04:50.01(34.96)				
16	Amy PERFIT (BRDM)	(C)	(95)	[22]	(04:50.01)	04:50.34	-0.1	529
	Lap 1 00:31.61(31.61)	Lap 2 01:07.59(35.98)	Lap 3 01:45.30(37.71)	Lap 4 02:22.74(37.44)				
	Lap 5 02:59.92(37.18)	Lap 6 03:37.05(37.13)	Lap 7 04:14.79(37.74)	End 04:50.34(35.55)				
17	Caitlin HUBBARD (BHMM)	(B)	(01)	[43]	(05:03.26)	04:51.76	3.7	522 (522)
	Lap 1 00:32.92(32.92)	Lap 2 01:09.54(36.62)	Lap 3 01:46.68(37.14)	Lap 4 02:23.78(37.10)				
	Lap 5 03:00.99(37.21)	Lap 6 03:38.31(37.32)	Lap 7 04:15.63(37.32)	End 04:51.76(36.13)				
18	Cameron MINIFIE (NRHM)	(B)	(00)	[28]	(04:53.73)	04:53.08	0.2	514 (514)
	Lap 1 00:32.74(32.74)	Lap 2 01:08.50(35.76)	Lap 3 01:45.55(37.05)	Lap 4 02:23.24(37.69)				
	Lap 5 03:00.79(37.55)	Lap 6 03:38.78(37.99)	Lap 7 04:16.68(37.90)	End 04:53.08(36.40)				



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19 Heavenly-Paige GENT (CALA)	(C)	(99) [29]	(04:54.35)	04:53.29	0.3	513 (513)
Lap 1 00:32.98(32.98)	Lap 2 01:08.53(35.55)	Lap 3 01:45.45(36.92)	Lap 4 02:23.13(37.68)			
Lap 5 03:00.71(37.58)	Lap 6 03:38.35(37.64)	Lap 7 04:16.25(37.90)	End 04:53.29(37.04)			
20 Rachel SULLIVAN (COVM)	(C)	(98) [26]	(04:52.66)	04:53.58	-0.3	512
Lap 1 00:32.55(32.55)	Lap 2 01:08.30(35.75)	Lap 3 01:45.52(37.22)	Lap 4 02:22.69(37.17)			
Lap 5 03:00.48(37.79)	Lap 6 03:38.63(38.15)	Lap 7 04:17.07(38.44)	End 04:53.58(36.51)			
21 Charlotte SMITH (BLDM)	(C)	(97) [17]	(04:47.40)	04:53.97	-2.2	510
Lap 1 00:32.15(32.15)	Lap 2 01:07.06(34.91)	Lap 3 01:43.23(36.17)	Lap 4 02:20.46(37.23)			
Lap 5 02:58.25(37.79)	Lap 6 03:36.65(38.40)	Lap 7 04:15.40(38.75)	End 04:53.97(38.57)			
22 Isabelle GRAHAM (MEMM)	(C)	(99) [32]	(04:55.94)	04:54.74	0.4	506 (506)
Lap 1 00:32.83(32.83)	Lap 2 01:08.74(35.91)	Lap 3 01:45.86(37.12)	Lap 4 02:23.92(38.06)			
Lap 5 03:02.03(38.11)	Lap 6 03:40.14(38.11)	Lap 7 04:18.41(38.27)	End 04:54.74(36.33)			
23 Courtney POXON (BHMM)	(C)	(99) [24]	(04:50.34)	04:55.39	-1.7	503 (503)
Lap 1 00:32.89(32.89)	Lap 2 01:08.76(35.87)	Lap 3 01:45.95(37.19)	Lap 4 02:23.93(37.98)			
Lap 5 03:02.30(38.37)	Lap 6 03:40.64(38.34)	Lap 7 04:18.78(38.14)	End 04:55.39(36.61)			
24 Mya AITKEN (NUNM)	(B)	(01) [52]	(05:10.82)	04:57.06	4.4	494 (494)
Lap 1 00:34.48(34.48)	Lap 2 01:11.93(37.45)	Lap 3 01:49.72(37.79)	Lap 4 02:27.60(37.88)			
Lap 5 03:05.45(37.85)	Lap 6 03:43.48(38.03)	Lap 7 04:21.32(37.84)	End 04:57.06(35.74)			
25 Laura RICHARDSON (BLDM)	(C)	(99) [27]	(04:53.25)	04:57.30	-1.3	493 (493)
Lap 1 00:32.74(32.74)	Lap 2 01:08.94(36.20)	Lap 3 01:46.81(37.87)	Lap 4 02:24.55(37.74)			
Lap 5 03:02.89(38.34)	Lap 6 03:41.54(38.65)	Lap 7 04:20.43(38.89)	End 04:57.30(36.87)			
26 Lydia BARNSELEY (BLDM)	(C)	(99) [38]	(04:59.21)	04:58.36	0.2	488 (488)
Lap 1 00:32.86(32.86)	Lap 2 01:10.31(37.45)	Lap 3 01:48.28(37.97)	Lap 4 02:26.82(38.54)			
Lap 5 03:05.83(39.01)	Lap 6 03:43.62(37.79)	Lap 7 04:22.05(38.43)	End 04:58.36(36.31)			
27 Georgia AMISON (PENNA)	(C)	(97) [33]	(04:56.73)	04:58.80	-0.6	485
Lap 1 00:33.53(33.53)	Lap 2 01:10.68(37.15)	Lap 3 01:48.68(38.00)	Lap 4 02:26.46(37.78)			
Lap 5 03:05.28(38.82)	Lap 6 03:43.59(38.31)	Lap 7 04:22.15(38.56)	End 04:58.80(36.65)			
28 Laura COWLEY (REDM)	(C)	(99) [37]	(04:59.20)	05:00.79	-0.5	476 (476)
Lap 1 00:33.09(33.09)	Lap 2 01:09.98(36.89)	Lap 3 01:48.54(38.56)	Lap 4 02:27.46(38.92)			
Lap 5 03:06.43(38.97)	Lap 6 03:45.67(39.24)	Lap 7 04:24.40(38.73)	End 05:00.79(36.39)			
29 Cerys FURLONG (NRHM)	(C)	(98) [42]	(05:02.13)	05:01.39	0.2	473 (473)
Lap 1 00:34.48(34.48)	Lap 2 01:11.55(37.07)	Lap 3 01:49.44(37.89)	Lap 4 02:27.82(38.38)			
Lap 5 03:06.87(39.05)	Lap 6 03:45.62(38.75)	Lap 7 04:24.63(39.01)	End 05:01.39(36.76)			
30 Camilla CHATFIELD (BLDM)	(C)	(97) [35]	(04:58.00)	05:04.50	-2.1	459
Lap 1 00:32.77(32.77)	Lap 2 01:10.04(37.27)	Lap 3 01:48.49(38.45)	Lap 4 02:27.75(39.26)			
Lap 5 03:06.80(39.05)	Lap 6 03:45.91(39.11)	Lap 7 04:25.88(39.97)	End 05:04.50(38.62)			
31 Bethan CATCHPOLE (WOWN)	(C)	(98) [51]	(05:06.99)	05:04.96	0.6	457 (457)
Lap 1 00:33.82(33.82)	Lap 2 01:11.28(37.46)	Lap 3 01:49.70(38.42)	Lap 4 02:28.96(39.26)			
Lap 5 03:08.58(39.62)	Lap 6 03:48.43(39.85)	Lap 7 04:27.60(39.17)	End 05:04.96(37.36)			
32 Grace PERRY (ARNA)	(C)	(99) [40]	(05:01.50)	05:05.14	-1.2	456 (456)
Lap 1 00:34.34(34.34)	Lap 2 01:12.86(38.52)	Lap 3 01:51.78(38.92)	Lap 4 02:30.34(38.56)			
Lap 5 03:09.51(39.17)	Lap 6 03:49.07(39.56)	Lap 7 04:27.91(38.84)	End 05:05.14(37.23)			
33 Amy MCARAGHER (PENNA)	(C)	(99) [31]	(04:54.72)	05:06.32	-3.9	451 (451)
Lap 1 00:34.57(34.57)	Lap 2 01:11.83(37.26)	Lap 3 01:49.73(37.90)	Lap 4 02:28.32(38.59)			
Lap 5 03:07.52(39.20)	Lap 6 03:46.82(39.30)	Lap 7 04:26.74(39.92)	End 05:06.32(39.58)			
34 Jemma GRAHAM (BLDM)	(C)	(97) [44]	(05:04.07)	05:06.33	-0.7	451
Lap 1 00:33.99(33.99)	Lap 2 01:11.23(37.24)	Lap 3 01:50.13(38.90)	Lap 4 02:29.78(39.65)			
Lap 5 03:08.90(39.12)	Lap 6 03:48.39(39.49)	Lap 7 04:28.14(39.75)	End 05:06.33(38.19)			
35 Jessica FITTON (KAQM)	(C)	(97) [21]	(04:49.63)	05:07.31	-6.1	446
Lap 1 00:33.36(33.36)	Lap 2 01:10.85(37.49)	Lap 3 01:49.62(38.77)	Lap 4 02:29.32(39.70)			
Lap 5 03:09.14(39.82)	Lap 6 03:49.02(39.88)	Lap 7 04:28.87(39.85)	End 05:07.31(38.44)			
36 Lauren WILSON (BLDM)	(C)	(99) [48]	(05:06.06)	05:07.46	-0.4	446 (446)
Lap 1 00:33.46(33.46)	Lap 2 01:11.89(38.43)	Lap 3 01:50.68(38.79)	Lap 4 02:30.19(39.51)			
Lap 5 03:09.79(39.60)	Lap 6 03:49.41(39.62)	Lap 7 04:29.40(39.99)	End 05:07.46(38.06)			
37 Nicole GOULDING (CALA)	(C)	(98) [46]	(05:05.31)	05:09.00	-1.2	439 (439)
Lap 1 00:34.38(34.38)	Lap 2 01:12.31(37.93)	Lap 3 01:50.52(38.21)	Lap 4 02:29.71(39.19)			
Lap 5 03:09.51(39.80)	Lap 6 03:50.02(40.51)	Lap 7 04:30.20(40.18)	End 05:09.00(38.80)			



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PAGE 3

Date printed 02/04/2013

38 Megan HOLDER (BLDM)	(B)	(00) [63]	(05:28.00)	05:10.99	5.1	431 (431)
Lap 1 00:33.62(33.62)	Lap 2 01:12.13(38.51)	Lap 3 01:51.53(39.40)	Lap 4 02:31.16(39.63)			
Lap 5 03:10.72(39.56)	Lap 6 03:50.36(39.64)	Lap 7 04:31.91(41.55)	End 05:10.99(39.08)			
39 Jessica PARKER (NUNM)	(C)	(00) [50]	(05:06.94)	05:11.37	-1.4	429 (429)
Lap 1 00:34.53(34.53)	Lap 2 01:13.34(38.81)	Lap 3 01:53.01(39.67)	Lap 4 02:33.17(40.16)			
Lap 5 03:12.41(39.24)	Lap 6 03:53.20(40.79)	Lap 7 04:32.51(39.31)	End 05:11.37(38.86)			
40 Tia STIRLAND (DERM)	(B)	(01) [58]	(05:22.66)	05:12.30	3.2	425 (425)
Lap 1 00:35.23(35.23)	Lap 2 01:14.31(39.08)	Lap 3 01:54.63(40.32)	Lap 4 02:35.08(40.45)			
Lap 5 03:14.91(39.83)	Lap 6 03:55.16(40.25)	Lap 7 04:34.64(39.48)	End 05:12.30(37.66)			
41 Alexandra BARTLEY (BHMM)	(A)	(02) [60]	(05:22.70)	05:13.85	2.7	419 (419)
Lap 1 00:34.90(34.90)	Lap 2 01:14.28(39.38)	Lap 3 01:54.73(40.45)	Lap 4 02:35.38(40.65)			
Lap 5 03:15.83(40.45)	Lap 6 03:56.21(40.38)	Lap 7 04:35.26(39.05)	End 05:13.85(38.59)			
42 Leah MARTLEW (APXM)	(C)	(99) [53]	(05:11.07)	05:14.25	-1.0	417 (417)
Lap 1 00:35.42(35.42)	Lap 2 01:13.87(38.45)	Lap 3 01:53.54(39.67)	Lap 4 02:33.82(40.28)			
Lap 5 03:14.42(40.60)	Lap 6 03:55.39(40.97)	Lap 7 04:35.91(40.52)	End 05:14.25(38.34)			
43 Lowri CROCKER (WELM)	(B)	(00) [56]	(05:17.31)	05:14.65	0.8	416 (416)
Lap 1 00:34.49(34.49)	Lap 2 01:12.17(37.68)	Lap 3 01:52.15(39.98)	Lap 4 02:32.74(40.59)			
Lap 5 03:13.44(40.70)	Lap 6 03:54.76(41.32)	Lap 7 04:35.85(41.09)	End 05:14.65(38.80)			
44 Ella THATCHER-PLANT (WCOM)	(B)	(02) [55]	(05:14.32)	05:15.55	-0.3	412 (412)
Lap 1 00:36.96(36.96)	Lap 2 01:16.71(39.75)	Lap 3 01:57.12(40.41)	Lap 4 02:37.72(40.60)			
Lap 5 03:17.72(40.00)	Lap 6 03:58.63(40.91)	Lap 7 04:38.12(39.49)	End 05:15.55(37.43)			
45 Stella-Anne O'HEHIR (BLDM)	(B)	(00) [49]	(05:06.66)	05:16.06	-3.0	410 (410)
Lap 1 00:34.76(34.76)	Lap 2 01:13.89(39.13)	Lap 3 01:53.87(39.98)	Lap 4 02:34.35(40.48)			
Lap 5 03:14.92(40.57)	Lap 6 03:55.92(41.00)	Lap 7 04:37.08(41.16)	End 05:16.06(38.98)			
46 Alice GLOVER (SOLM)	(B)	(00) [45]	(05:05.14)	05:16.69	-3.7	408 (408)
Lap 1 00:34.25(34.25)	Lap 2 01:13.41(39.16)	Lap 3 01:53.56(40.15)	Lap 4 02:34.45(40.89)			
Lap 5 03:15.05(40.60)	Lap 6 03:55.49(40.44)	Lap 7 04:36.97(41.48)	End 05:16.69(39.72)			
47 Ana VICARY (COVM)	(B)	(01) [69]	(05:39.78)	05:17.30	6.6	405 (405)
Lap 1 00:36.88(36.88)	Lap 2 01:17.32(40.44)	Lap 3 01:58.66(41.34)	Lap 4 02:39.96(41.30)			
Lap 5 03:21.04(41.08)	Lap 6 04:01.58(40.54)	Lap 7 04:41.10(39.52)	End 05:17.30(36.20)			
48 Lucy GERRARD (BHMM)	(B)	(01) [66]	(05:35.01)	05:18.12	5.0	402 (402)
Lap 1 00:34.21(34.21)	Lap 2 01:13.69(39.48)	Lap 3 01:54.57(40.88)	Lap 4 02:35.43(40.86)			
Lap 5 03:16.96(41.53)	Lap 6 03:58.48(41.52)	Lap 7 04:39.71(41.23)	End 05:18.12(38.41)			
49 Alice OLIVER (BHMM)	(B)	(02) [62]	(05:25.48)	05:18.74	2.0	400 (400)
Lap 1 00:37.09(37.09)	Lap 2 01:17.93(40.84)	Lap 3 01:58.83(40.90)	Lap 4 02:39.35(40.52)			
Lap 5 03:20.19(40.84)	Lap 6 04:01.00(40.81)	Lap 7 04:41.51(40.51)	End 05:18.74(37.23)			
50 Elizabeth VIZARD (PESM)	(C)	(98) [57]	(05:18.28)	05:19.00	-0.2	399 (399)
Lap 1 00:35.54(35.54)	Lap 2 01:14.60(39.06)	Lap 3 01:54.82(40.22)	Lap 4 02:35.72(40.90)			
Lap 5 03:16.87(41.15)	Lap 6 03:57.83(40.96)	Lap 7 04:38.91(41.08)	End 05:19.00(40.09)			
51 Kate RAINSFORD (BHMM)	(B)	(01) [68]	(05:37.55)	05:20.11	5.1	395 (395)
Lap 1 00:35.84(35.84)	Lap 2 01:16.85(41.01)	Lap 3 01:56.42(39.57)	Lap 4 02:37.97(41.55)			
Lap 5 03:19.65(41.68)	Lap 6 04:00.77(41.12)	Lap 7 04:42.30(41.53)	End 05:20.11(37.81)			
52 Alice COLLIER (CHEM)	(C)	(98) [41]	(05:02.00)	05:23.27	-7.0	383 (383)
Lap 1 00:35.77(35.77)	Lap 2 01:15.20(39.43)	Lap 3 01:55.84(40.64)	Lap 4 02:36.92(41.08)			
Lap 5 03:18.68(41.76)	Lap 6 04:00.82(42.14)	Lap 7 04:42.87(42.05)	End 05:23.27(40.40)			
53 Charlotte RIGG (BHMM)	(A)	(02) [64]	(05:31.04)	05:24.18	2.0	380 (380)
Lap 1 00:37.04(37.04)	Lap 2 01:18.34(41.30)	Lap 3 01:59.81(41.47)	Lap 4 02:41.18(41.37)			
Lap 5 03:23.12(41.94)	Lap 6 04:04.04(40.92)	Lap 7 04:45.76(41.72)	End 05:24.18(38.42)			
54 Lily WOOD (BHMM)	(A)	(02) [61]	(05:24.00)	05:28.16	-1.2	366 (366)
Lap 1 00:35.51(35.51)	Lap 2 01:16.87(41.36)	Lap 3 01:59.80(42.93)	Lap 4 02:41.57(41.77)			
Lap 5 03:24.00(42.43)	Lap 6 04:06.02(42.02)	Lap 7 04:48.58(42.56)	End 05:28.16(39.58)			
55 Lily GRAHAM (COVM)	(B)	(01) [71]	(05:43.06)	05:28.70	4.1	365 (365)
Lap 1 00:36.37(36.37)	Lap 2 01:17.12(40.75)	Lap 3 01:59.31(42.19)	Lap 4 02:42.05(42.74)			
Lap 5 03:25.12(43.07)	Lap 6 04:07.17(42.05)	Lap 7 04:48.67(41.50)	End 05:28.70(40.03)			
56 Harriet GORDON (BHMM)	(B)	(02) [67]	(05:36.67)	05:29.42	2.1	362 (362)
Lap 1 00:35.35(35.35)	Lap 2 01:15.91(40.56)	Lap 3 01:57.37(41.46)	Lap 4 02:39.95(42.58)			
Lap 5 03:22.95(43.00)	Lap 6 04:05.76(42.81)	Lap 7 04:48.21(42.45)	End 05:29.42(41.21)			



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

57 Elle HUMPHRIES (NRHM)	(A)	(02) [73]	(05:48.92)	05:30.21	5.3	360 (360)
Lap 1 00:38.03(38.03)	Lap 2 01:20.69(42.66)	Lap 3 02:02.24(41.55)	Lap 4 02:44.85(42.61)			
Lap 5 03:27.12(42.27)	Lap 6 04:08.90(41.78)	Lap 7 04:50.01(41.11)	End 05:30.21(40.20)			
58 Georgia BRAMLEY (ARNA)	(B)	(00) [70]	(05:42.52)	05:31.77	3.1	355 (355)
Lap 1 00:37.39(37.39)	Lap 2 01:19.43(42.04)	Lap 3 02:02.02(42.59)	Lap 4 02:44.68(42.66)			
Lap 5 03:27.05(42.37)	Lap 6 04:09.57(42.52)	Lap 7 04:51.90(42.33)	End 05:31.77(39.87)			
59 Mia SLEVIN (ETEA)	(A)	(03) [34]	(04:57.20)	05:33.19	-12.1	350 (350)
Lap 1 00:36.34(36.34)	Lap 2 01:16.63(40.29)	Lap 3 01:59.36(42.73)	Lap 4 02:43.15(43.79)			
Lap 5 03:26.64(43.49)	Lap 6 04:10.50(43.86)	Lap 7 04:53.96(43.46)	End 05:33.19(39.23)			
60 Ella TOWNSON (WCOM)	(A)	(02) [72]	(05:46.61)	05:33.59	3.7	349 (349)
Lap 1 00:38.35(38.35)	Lap 2 01:20.21(41.86)	Lap 3 02:03.39(43.18)	Lap 4 02:46.47(43.08)			
Lap 5 03:29.21(42.74)	Lap 6 04:12.81(43.60)	Lap 7 04:53.71(40.90)	End 05:33.59(39.88)			
61 Laura COWARD (REDM)	(B)	(01) [74]	(05:49.48)	05:34.80	4.2	345 (345)
Lap 1 00:37.95(37.95)	Lap 2 01:20.88(42.93)	Lap 3 02:03.39(42.51)	Lap 4 02:45.63(42.24)			
Lap 5 03:28.66(43.03)	Lap 6 04:11.28(42.62)	Lap 7 04:54.28(43.00)	End 05:34.80(40.52)			
62 Molly SHERRIFF (BHMM)	(B)	(01) [65]	(05:33.90)	05:38.78	-1.4	333 (333)
Lap 1 00:36.85(36.85)	Lap 2 01:19.11(42.26)	Lap 3 02:03.17(44.06)	Lap 4 02:47.45(44.28)			
Lap 5 03:31.71(44.26)	Lap 7 04:58.88(87.17)	End 05:38.78(39.90)				
63 Megan GRIFFITHS (BHMM)	(A)	(02) [79]	(06:10.67)	05:40.94	8.0	327 (327)
Lap 1 00:37.12(37.12)	Lap 2 01:19.85(42.73)	Lap 3 02:03.92(44.07)	Lap 4 02:47.74(43.82)			
Lap 5 03:31.72(43.98)	Lap 6 04:15.56(43.84)	Lap 7 04:59.74(44.18)	End 05:40.94(41.20)			
64 Rebecca BURDEN (COVM)	(A)	(02) [78]	(06:01.49)	05:51.07	2.8	299 (299)
Lap 1 00:39.50(39.50)	Lap 2 01:23.86(44.36)	Lap 3 02:09.41(45.55)	Lap 4 02:54.09(44.68)			
Lap 5 03:39.40(45.31)	Lap 6 04:23.43(44.03)	Lap 7 05:08.88(45.45)	End 05:51.07(42.19)			
65 Beatrice ADAMS (BLDM)	(B)	(01) [77]	(05:58.28)	05:52.47	1.6	296 (296)
Lap 1 00:40.49(40.49)	Lap 2 01:25.52(45.03)	Lap 3 02:10.54(45.02)	Lap 4 02:55.51(44.97)			
Lap 5 03:40.49(44.98)	Lap 6 04:25.67(45.18)	Lap 7 05:10.67(45.00)	End 05:52.47(41.80)			
66 Helena PARIS (BBSM)	(B)	(01) [75]	(05:50.29)	05:58.60	-2.3	281 (281)
Lap 1 00:37.12(37.12)	Lap 2 01:20.44(43.32)	Lap 3 02:05.66(45.22)	Lap 4 02:51.79(46.13)			
Lap 5 03:37.67(45.88)	Lap 6 04:24.75(47.08)	Lap 7 05:12.45(47.70)	End 05:58.60(46.15)			
67 Isobel CUMMING (PESM)	(A)	(02) [82]	(06:21.09)	06:06.20	3.9	264 (264)
Lap 1 00:41.25(41.25)	Lap 2 01:26.70(45.45)	Lap 3 02:14.13(47.43)	Lap 4 03:00.96(46.83)			
Lap 5 03:48.17(47.21)	Lap 6 04:35.94(47.77)	Lap 7 05:22.69(46.75)	End 06:06.20(43.51)			
68 Louise EDMUNDS (NRHM)	(A)	(02) [81]	(06:18.71)	06:16.00	0.7	243 (243)
Lap 1 00:42.47(42.47)	Lap 2 01:29.32(46.85)	Lap 3 02:16.27(46.95)	Lap 4 03:05.37(49.10)			
Lap 5 03:53.37(48.00)	Lap 6 04:42.13(48.76)	Lap 7 05:30.84(48.71)	End 06:16.00(45.16)			
69 Tascha WARD (FOXN)	(A)	(03) [84]	(06:29.23)	06:25.13	1.0	226 (226)
Lap 1 00:44.03(44.03)	Lap 2 01:32.79(48.76)	Lap 3 02:22.87(50.08)	Lap 4 03:12.22(49.35)			
Lap 5 04:02.18(49.96)	Lap 6 04:52.25(50.07)	Lap 7 05:40.59(48.34)	End 06:25.13(44.54)			
70 Rebecca ILOTT (BLDM)	(A)	(02) [83]	(06:24.43)	06:28.93	-1.1	220 (220)
Lap 1 00:41.71(41.71)	Lap 2 01:30.42(48.71)	Lap 3 02:20.59(50.17)	Lap 4 03:10.41(49.82)			
Lap 5 04:01.47(51.06)	Lap 6 04:52.45(50.98)	Lap 7 05:42.41(49.96)	End 06:28.93(46.52)			
71 Morgan LERPINIÈRE (APXM)	(A)	(03) [85]	(06:37.13)	06:37.07	0.0	207 (207)
Lap 1 00:45.21(45.21)	Lap 2 01:35.03(49.82)	Lap 3 02:25.67(50.64)	Lap 4 03:17.26(51.59)			
Lap 5 04:09.14(51.88)	Lap 6 04:59.70(50.56)	Lap 7 05:50.11(50.41)	End 06:37.07(46.96)			
72 Molly CRESSEY-ROGERS (CAMY)	(A)	(03) [86]	(06:45.29)	06:37.48	1.9	206 (206)
Lap 1 00:45.56(45.56)	Lap 2 01:35.80(50.24)	Lap 3 02:26.54(50.74)	Lap 4 03:17.53(50.99)			
Lap 5 04:08.79(51.26)	Lap 6 04:59.56(50.77)	Lap 7 05:49.87(50.31)	End 06:37.48(47.61)			
Sarah BRADES (SPAM)	(C)	(96) [13]	(04:43.71)	DNS		
Molly CHAPMAN (WLVM)	(B)	(01) [59]	(05:22.69)	DNS		
Megan CROFTS (COVM)	(C)	(98) [54]	(05:11.09)	DNS		
Shannon DONOVAN (COVM)	(C)	(96) [12]	(04:43.65)	DNS		
Lap 1 00:32.23(32.23)	Lap 2 01:07.56(35.33)	Lap 3 01:43.78(36.22)	Lap 4 02:20.85(37.07)			
Lap 5 02:57.86(37.01)	Lap 6 03:35.34(37.48)	Lap 7 04:13.25(37.91)	End 00:00.00(-253.25)			
Hannah DREWETT (ARNA)	(C)	(98) [16]	(04:47.17)	DNS		
Chrissie JONES (NRHM)	(C)	(97) [4]	(04:36.49)	DNS		
Maria LYRI (BHMM)	(C)	(98) [8]	(04:40.58)	DNS		



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Sophie MABBS (PRCT)	(A)	(03) [80]	(06:17.66)	DNS
Heather ROEBUCK (CHSM)	(C)	(96) [6]	(04:37.90)	DNS
Phillipa ROEBUCK (CHSM)	(C)	(99) [15]	(04:46.69)	DNS
Nicola SMITH (BBSM)	(C)	(93) [47]	(05:05.78)	DNS
Paige STUBBS (BIDM)	(B)	(02) [76]	(05:57.62)	DNS
Alison WAINSCOT (PENA)	(C)	(96) [36]	(04:58.76)	DNS
Lauren WALL (BHMM)	(B)	(00) [39]	(04:59.32)	DNS

Results Band A, 9/10 yrs

1 Alexandra BARTLEY (BHMM)	(02) [60]	(05:22.70)	05:13.85	2.7	419 (419)
Lap 1 00:34.90(34.90)	Lap 2 01:14.28(39.38)	Lap 3 01:54.73(40.45)	Lap 4 02:35.38(40.65)		
Lap 5 03:15.83(40.45)	Lap 6 03:56.21(40.38)	Lap 7 04:35.26(39.05)	End 05:13.85(38.59)		
4 Charlotte RIGG (BHMM)	(02) [64]	(05:31.04)	05:24.18	2.0	380 (380)
Lap 1 00:37.04(37.04)	Lap 2 01:18.34(41.30)	Lap 3 01:59.81(41.47)	Lap 4 02:41.18(41.37)		
Lap 5 03:23.12(41.94)	Lap 6 04:04.04(40.92)	Lap 7 04:45.76(41.72)	End 05:24.18(38.42)		
7 Lily WOOD (BHMM)	(02) [61]	(05:24.00)	05:28.16	-1.2	366 (366)
Lap 1 00:35.51(35.51)	Lap 2 01:16.87(41.36)	Lap 3 01:59.80(42.93)	Lap 4 02:41.57(41.77)		
Lap 5 03:24.00(42.43)	Lap 6 04:06.02(42.02)	Lap 7 04:48.58(42.56)	End 05:28.16(39.58)		
10 Elle HUMPHRIES (NRHM)	(02) [73]	(05:48.92)	05:30.21	5.3	360 (360)
Lap 1 00:38.03(38.03)	Lap 2 01:20.69(42.66)	Lap 3 02:02.24(41.55)	Lap 4 02:44.85(42.61)		
Lap 5 03:27.12(42.27)	Lap 6 04:08.90(41.78)	Lap 7 04:50.01(41.11)	End 05:30.21(40.20)		
13 Mia SLEVIN (ETEA)	(03) [34]	(04:57.20)	05:33.19	-12.1	350 (350)
Lap 1 00:36.34(36.34)	Lap 2 01:16.63(40.29)	Lap 3 01:59.36(42.73)	Lap 4 02:43.15(43.79)		
Lap 5 03:26.64(43.49)	Lap 6 04:10.50(43.86)	Lap 7 04:53.96(43.46)	End 05:33.19(39.23)		
16 Ella TOWNSON (WCOM)	(02) [72]	(05:46.61)	05:33.59	3.7	349 (349)
Lap 1 00:38.35(38.35)	Lap 2 01:20.21(41.86)	Lap 3 02:03.39(43.18)	Lap 4 02:46.47(43.08)		
Lap 5 03:29.21(42.74)	Lap 6 04:12.81(43.60)	Lap 7 04:53.71(40.90)	End 05:33.59(39.88)		
19 Megan GRIFFITHS (BHMM)	(02) [79]	(06:10.67)	05:40.94	8.0	327 (327)
Lap 1 00:37.12(37.12)	Lap 2 01:19.85(42.73)	Lap 3 02:03.92(44.07)	Lap 4 02:47.74(43.82)		
Lap 5 03:31.72(43.98)	Lap 6 04:15.56(43.84)	Lap 7 04:59.74(44.18)	End 05:40.94(41.20)		
22 Rebecca BURDEN (COVM)	(02) [78]	(06:01.49)	05:51.07	2.8	299 (299)
Lap 1 00:39.50(39.50)	Lap 2 01:23.86(44.36)	Lap 3 02:09.41(45.55)	Lap 4 02:54.09(44.68)		
Lap 5 03:39.40(45.31)	Lap 6 04:23.43(44.03)	Lap 7 05:08.88(45.45)	End 05:51.07(42.19)		
25 Isobel CUMMING (PESM)	(02) [82]	(06:21.09)	06:06.20	3.9	264 (264)
Lap 1 00:41.25(41.25)	Lap 2 01:26.70(45.45)	Lap 3 02:14.13(47.43)	Lap 4 03:00.96(46.83)		
Lap 5 03:48.17(47.21)	Lap 6 04:35.94(47.77)	Lap 7 05:22.69(46.75)	End 06:06.20(43.51)		
28 Louise EDMUNDS (NRHM)	(02) [81]	(06:18.71)	06:16.00	0.7	243 (243)
Lap 1 00:42.47(42.47)	Lap 2 01:29.32(46.85)	Lap 3 02:16.27(46.95)	Lap 4 03:05.37(49.10)		
Lap 5 03:53.37(48.00)	Lap 6 04:42.13(48.76)	Lap 7 05:30.84(48.71)	End 06:16.00(45.16)		
31 Tascha WARD (FOXN)	(03) [84]	(06:29.23)	06:25.13	1.0	226 (226)
Lap 1 00:44.03(44.03)	Lap 2 01:32.79(48.76)	Lap 3 02:22.87(50.08)	Lap 4 03:12.22(49.35)		
Lap 5 04:02.18(49.96)	Lap 6 04:52.25(50.07)	Lap 7 05:40.59(48.34)	End 06:25.13(44.54)		
34 Rebecca ILOTT (BLDM)	(02) [83]	(06:24.43)	06:28.93	-1.1	220 (220)
Lap 1 00:41.71(41.71)	Lap 2 01:30.42(48.71)	Lap 3 02:20.59(50.17)	Lap 4 03:10.41(49.82)		
Lap 5 04:01.47(51.06)	Lap 6 04:52.45(50.98)	Lap 7 05:42.41(49.96)	End 06:28.93(46.52)		
37 Morgan LERPINIÈRE (APXM)	(03) [85]	(06:37.13)	06:37.07	0.0	207 (207)
Lap 1 00:45.21(45.21)	Lap 2 01:35.03(49.82)	Lap 3 02:25.67(50.64)	Lap 4 03:17.26(51.59)		
Lap 5 04:09.14(51.88)	Lap 6 04:59.70(50.56)	Lap 7 05:50.11(50.41)	End 06:37.07(46.96)		
40 Molly CRESSEY-ROGERS (CAMY)	(03) [86]	(06:45.29)	06:37.48	1.9	206 (206)
Lap 1 00:45.56(45.56)	Lap 2 01:35.80(50.24)	Lap 3 02:26.54(50.74)	Lap 4 03:17.53(50.99)		
Lap 5 04:08.79(51.26)	Lap 6 04:59.56(50.77)	Lap 7 05:49.87(50.31)	End 06:37.48(47.61)		
Sophie MABBS (PRCT)	(03) [80]	(06:17.66)	DNS		

Results Band B, 11/12 yrs

1 Victoria LONG (BHMM)	(00) [5]	(04:37.06)	04:35.02	0.7	623 (623)
Lap 1 00:31.15(31.15)	Lap 2 01:04.73(33.58)	Lap 3 01:39.32(34.59)	Lap 4 02:14.14(34.82)		
Lap 5 02:49.30(35.16)	Lap 6 03:24.80(35.50)	Lap 7 04:00.49(35.69)	End 04:35.02(34.53)		
4 Caitlin HUBBARD (BHMM)	(01) [43]	(05:03.26)	04:51.76	3.7	522 (522)
Lap 1 00:32.92(32.92)	Lap 2 01:09.54(36.62)	Lap 3 01:46.68(37.14)	Lap 4 02:23.78(37.10)		
Lap 5 03:00.99(37.21)	Lap 6 03:38.31(37.32)	Lap 7 04:15.63(37.32)	End 04:51.76(36.13)		
7 Cameron MINIFIE (NRHM)	(00) [28]	(04:53.73)	04:53.08	0.2	514 (514)
Lap 1 00:32.74(32.74)	Lap 2 01:08.50(35.76)	Lap 3 01:45.55(37.05)	Lap 4 02:23.24(37.69)		



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

PAGE 6

Date printed 02/04/2013

Lap 5	03:00.79(37.55)	Lap 6	03:38.78(37.99)	Lap 7	04:16.68(37.90)	End	04:53.08(36.40)
10 Mya AITKEN (NUNM)		(01) [52]	(05:10.82)	04:57.06	4.4	494 (494)	
Lap 1	00:34.48(34.48)	Lap 2	01:11.93(37.45)	Lap 3	01:49.72(37.79)	Lap 4	02:27.60(37.88)
Lap 5	03:05.45(37.85)	Lap 6	03:43.48(38.03)	Lap 7	04:21.32(37.84)	End	04:57.06(35.74)
13 Megan HOLDER (BLDM)		(00) [63]	(05:28.00)	05:10.99	5.1	431 (431)	
Lap 1	00:33.62(33.62)	Lap 2	01:12.13(38.51)	Lap 3	01:51.53(39.40)	Lap 4	02:31.16(39.63)
Lap 5	03:10.72(39.56)	Lap 6	03:50.36(39.64)	Lap 7	04:31.91(41.55)	End	05:10.99(39.08)
16 Tia STIRLAND (DERM)		(01) [58]	(05:22.66)	05:12.30	3.2	425 (425)	
Lap 1	00:35.23(35.23)	Lap 2	01:14.31(39.08)	Lap 3	01:54.63(40.32)	Lap 4	02:35.08(40.45)
Lap 5	03:14.91(39.83)	Lap 6	03:55.16(40.25)	Lap 7	04:34.64(39.48)	End	05:12.30(37.66)
19 Lowri CROCKER (WELM)		(00) [56]	(05:17.31)	05:14.65	0.8	416 (416)	
Lap 1	00:34.49(34.49)	Lap 2	01:12.17(37.68)	Lap 3	01:52.15(39.98)	Lap 4	02:32.74(40.59)
Lap 5	03:13.44(40.70)	Lap 6	03:54.76(41.32)	Lap 7	04:35.85(41.09)	End	05:14.65(38.80)
22 Ella THATCHER-PLANT (WCOM)		(02) [55]	(05:14.32)	05:15.55	-0.3	412 (412)	
Lap 1	00:36.96(36.96)	Lap 2	01:16.71(39.75)	Lap 3	01:57.12(40.41)	Lap 4	02:37.72(40.60)
Lap 5	03:17.72(40.00)	Lap 6	03:58.63(40.91)	Lap 7	04:38.12(39.49)	End	05:15.55(37.43)
25 Stella-Anne O'HEHIR (BLDM)		(00) [49]	(05:06.66)	05:16.06	-3.0	410 (410)	
Lap 1	00:34.76(34.76)	Lap 2	01:13.89(39.13)	Lap 3	01:53.87(39.98)	Lap 4	02:34.35(40.48)
Lap 5	03:14.92(40.57)	Lap 6	03:55.92(41.00)	Lap 7	04:37.08(41.16)	End	05:16.06(38.98)
28 Alice GLOVER (SOLM)		(00) [45]	(05:05.14)	05:16.69	-3.7	408 (408)	
Lap 1	00:34.25(34.25)	Lap 2	01:13.41(39.16)	Lap 3	01:53.56(40.15)	Lap 4	02:34.45(40.89)
Lap 5	03:15.05(40.60)	Lap 6	03:55.49(40.44)	Lap 7	04:36.97(41.48)	End	05:16.69(39.72)
31 Ana VICARY (COVM)		(01) [69]	(05:39.78)	05:17.30	6.6	405 (405)	
Lap 1	00:36.88(36.88)	Lap 2	01:17.32(40.44)	Lap 3	01:58.66(41.34)	Lap 4	02:39.96(41.30)
Lap 5	03:21.04(41.08)	Lap 6	04:01.58(40.54)	Lap 7	04:41.10(39.52)	End	05:17.30(36.20)
34 Lucy GERRARD (BHMM)		(01) [66]	(05:35.01)	05:18.12	5.0	402 (402)	
Lap 1	00:34.21(34.21)	Lap 2	01:13.69(39.48)	Lap 3	01:54.57(40.88)	Lap 4	02:35.43(40.86)
Lap 5	03:16.96(41.53)	Lap 6	03:58.48(41.52)	Lap 7	04:39.71(41.23)	End	05:18.12(38.41)
37 Alice OLIVER (BHMM)		(02) [62]	(05:25.48)	05:18.74	2.0	400 (400)	
Lap 1	00:37.09(37.09)	Lap 2	01:17.93(40.84)	Lap 3	01:58.83(40.90)	Lap 4	02:39.35(40.52)
Lap 5	03:20.19(40.84)	Lap 6	04:01.00(40.81)	Lap 7	04:41.51(40.51)	End	05:18.74(37.23)
40 Kate RAINSFORD (BHMM)		(01) [68]	(05:37.55)	05:20.11	5.1	395 (395)	
Lap 1	00:35.84(35.84)	Lap 2	01:16.85(41.01)	Lap 3	01:56.42(39.57)	Lap 4	02:37.97(41.55)
Lap 5	03:19.65(41.68)	Lap 6	04:00.77(41.12)	Lap 7	04:42.30(41.53)	End	05:20.11(37.81)
43 Lily GRAHAM (COVM)		(01) [71]	(05:43.06)	05:28.70	4.1	365 (365)	
Lap 1	00:36.37(36.37)	Lap 2	01:17.12(40.75)	Lap 3	01:59.31(42.19)	Lap 4	02:42.05(42.74)
Lap 5	03:25.12(43.07)	Lap 6	04:07.17(42.05)	Lap 7	04:48.67(41.50)	End	05:28.70(40.03)
46 Harriet GORDON (BHMM)		(02) [67]	(05:36.67)	05:29.42	2.1	362 (362)	
Lap 1	00:35.35(35.35)	Lap 2	01:15.91(40.56)	Lap 3	01:57.37(41.46)	Lap 4	02:39.95(42.58)
Lap 5	03:22.95(43.00)	Lap 6	04:05.76(42.81)	Lap 7	04:48.21(42.45)	End	05:29.42(41.21)
49 Georgia BRAMLEY (ARNA)		(00) [70]	(05:42.52)	05:31.77	3.1	355 (355)	
Lap 1	00:37.39(37.39)	Lap 2	01:19.43(42.04)	Lap 3	02:02.02(42.59)	Lap 4	02:44.68(42.66)
Lap 5	03:27.05(42.37)	Lap 6	04:09.57(42.52)	Lap 7	04:51.90(42.33)	End	05:31.77(39.87)
52 Laura COWARD (REDM)		(01) [74]	(05:49.48)	05:34.80	4.2	345 (345)	
Lap 1	00:37.95(37.95)	Lap 2	01:20.88(42.93)	Lap 3	02:03.39(42.51)	Lap 4	02:45.63(42.24)
Lap 5	03:28.66(43.03)	Lap 6	04:11.28(42.62)	Lap 7	04:54.28(43.00)	End	05:34.80(40.52)
55 Molly SHERRIFF (BHMM)		(01) [65]	(05:33.90)	05:38.78	-1.4	333 (333)	
Lap 1	00:36.85(36.85)	Lap 2	01:19.11(42.26)	Lap 3	02:03.17(44.06)	Lap 4	02:47.45(44.28)
Lap 5	03:31.71(44.26)	Lap 7	04:58.88(87.17)	End	05:38.78(39.90)		
58 Beatrice ADAMS (BLDM)		(01) [77]	(05:58.28)	05:52.47	1.6	296 (296)	
Lap 1	00:40.49(40.49)	Lap 2	01:25.52(45.03)	Lap 3	02:10.54(45.02)	Lap 4	02:55.51(44.97)
Lap 5	03:40.49(44.98)	Lap 6	04:25.67(45.18)	Lap 7	05:10.67(45.00)	End	05:52.47(41.80)
61 Helena PARIS (BBSM)		(01) [75]	(05:50.29)	05:58.60	-2.3	281 (281)	
Lap 1	00:37.12(37.12)	Lap 2	01:20.44(43.32)	Lap 3	02:05.66(45.22)	Lap 4	02:51.79(46.13)
Lap 5	03:37.67(45.88)	Lap 6	04:24.75(47.08)	Lap 7	05:12.45(47.70)	End	05:58.60(46.15)
Molly CHAPMAN (WLVM)		(01) [59]	(05:22.69)	DNS			
Paige STUBBS (BIDM)		(02) [76]	(05:57.62)	DNS			
Lauren WALL (BHMM)		(00) [39]	(04:59.32)	DNS			



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Results Band C, 13+ yrs

1 Givenchy SNEEKES (BHMM)	(97) [2]	(04:25.73)	04:21.99	1.4	720
Lap 1 00:29.75(29.75)	Lap 2 01:02.59(32.84)	Lap 3 01:36.11(33.52)	Lap 4 02:10.01(33.90)		
Lap 5 02:43.60(33.59)	Lap 6 03:16.89(33.29)	Lap 7 03:50.58(33.69)	End 04:21.99(31.41)		
4 Chloe FINCH (BHMM)	(98) [1]	(04:25.46)	04:22.12	1.2	719 (719)
Lap 1 00:29.94(29.94)	Lap 2 01:02.29(32.35)	Lap 3 01:35.50(33.21)	Lap 4 02:09.09(33.59)		
Lap 5 02:42.64(33.55)	Lap 6 03:16.44(33.80)	Lap 7 03:50.26(33.82)	End 04:22.12(31.86)		
7 Isobel GRIFFITHS (BHMM)	(99) [3]	(04:32.75)	04:30.67	0.7	653 (653)
Lap 1 00:30.35(30.35)	Lap 2 01:03.76(33.41)	Lap 3 01:37.86(34.10)	Lap 4 02:12.44(34.58)		
Lap 5 02:47.08(34.64)	Lap 6 03:21.91(34.83)	Lap 7 03:56.76(34.85)	End 04:30.67(33.91)		
10 Shannon FOX (COVM)	(98) [10]	(04:41.92)	04:37.80	1.4	604
Lap 1 00:31.65(31.65)	Lap 2 01:06.02(34.37)	Lap 3 01:40.79(34.77)	Lap 4 02:16.35(35.56)		
Lap 5 02:52.15(35.80)	Lap 6 03:28.17(36.02)	Lap 7 04:04.34(36.17)	End 04:37.80(33.46)		
13 Lucy CORDEN (BHMM)	(96) [7]	(04:39.73)	04:38.41	0.4	600
Lap 1 00:31.10(31.10)	Lap 2 01:04.86(33.76)	Lap 3 01:40.04(35.18)	Lap 4 02:15.78(35.74)		
Lap 5 02:51.60(35.82)	Lap 6 03:27.97(36.37)	Lap 7 04:03.89(35.92)	End 04:38.41(34.52)		
16 Sarah KING (NUNM)	(97) [9]	(04:41.88)	04:40.62	0.4	586
Lap 1 00:31.01(31.01)	Lap 2 01:05.48(34.47)	Lap 3 01:40.70(35.22)	Lap 4 02:16.59(35.89)		
Lap 5 02:52.96(36.37)	Lap 6 03:29.42(36.46)	Lap 7 04:05.59(36.17)	End 04:40.62(35.03)		
19 Rachel WILSON (BLDM)	(98) [14]	(04:46.60)	04:44.81	0.6	561 (561)
Lap 1 00:32.24(32.24)	Lap 2 01:07.88(35.64)	Lap 3 01:44.49(36.61)	Lap 4 02:20.93(36.44)		
Lap 5 02:56.95(36.02)	Lap 6 03:33.31(36.36)	Lap 7 04:09.97(36.66)	End 04:44.81(34.84)		
22 Katie RICHARDSON (BLDM)	(96) [11]	(04:43.43)	04:45.24	-0.6	558
Lap 1 00:32.14(32.14)	Lap 2 01:07.17(35.03)	Lap 3 01:43.27(36.10)	Lap 4 02:19.63(36.36)		
Lap 5 02:56.20(36.57)	Lap 6 03:32.89(36.69)	Lap 7 04:09.53(36.64)	End 04:45.24(35.71)		
25 Lucy GLOVER (SOLM)	(98) [23]	(04:50.31)	04:47.12	1.0	547
Lap 1 00:32.11(32.11)	Lap 2 01:07.39(35.28)	Lap 3 01:44.42(37.03)	Lap 4 02:21.48(37.06)		
Lap 5 02:58.31(36.83)	Lap 6 03:35.59(37.28)	Lap 7 04:12.37(36.78)	End 04:47.12(34.75)		
28 Ella ROBINSON (LEAM)	(95) [30]	(04:54.56)	04:47.67	2.3	544
Lap 1 00:32.79(32.79)	Lap 2 01:08.07(35.28)	Lap 3 01:44.27(36.20)	Lap 4 02:20.87(36.60)		
Lap 5 02:57.52(36.65)	Lap 6 03:34.35(36.83)	Lap 7 04:11.72(37.37)	End 04:47.67(35.95)		
31 Alice QUINN (COVM)	(97) [19]	(04:47.69)	04:48.23	-0.1	541
Lap 1 00:32.06(32.06)	Lap 2 01:07.93(35.87)	Lap 3 01:44.82(36.89)	Lap 4 02:21.98(37.16)		
Lap 5 02:58.90(36.92)	Lap 6 03:36.27(37.37)	Lap 7 04:13.17(36.90)	End 04:48.23(35.06)		
34 Rebecca ORTON (COLA)	(98) [25]	(04:51.34)	04:48.48	0.9	540 (540)
Lap 1 00:32.02(32.02)	Lap 2 01:08.53(36.51)	Lap 3 01:45.59(37.06)	Lap 4 02:23.01(37.42)		
Lap 5 02:59.86(36.85)	Lap 6 03:36.51(36.65)	Lap 7 04:13.14(36.63)	End 04:48.48(35.34)		
37 Emma BOND (DAVA)	(97) [18]	(04:47.49)	04:48.59	-0.3	539
Lap 1 00:32.50(32.50)	Lap 2 01:07.44(34.94)	Lap 3 01:43.63(36.19)	Lap 4 02:20.37(36.74)		
Lap 5 02:56.96(36.59)	Lap 6 03:34.19(37.23)	Lap 7 04:11.95(37.76)	End 04:48.59(36.64)		
40 Amy NEILD (BEMA)	(98) [20]	(04:47.88)	04:50.01	-0.7	531 (531)
Lap 1 00:32.75(32.75)	Lap 2 01:08.92(36.17)	Lap 3 01:46.16(37.24)	Lap 4 02:23.41(37.25)		
Lap 5 03:00.31(36.90)	Lap 6 03:37.82(37.51)	Lap 7 04:15.05(37.23)	End 04:50.01(34.96)		
43 Amy PERFIT (BRDM)	(95) [22]	(04:50.01)	04:50.34	-0.1	529
Lap 1 00:31.61(31.61)	Lap 2 01:07.59(35.98)	Lap 3 01:45.30(37.71)	Lap 4 02:22.74(37.44)		
Lap 5 02:59.92(37.18)	Lap 6 03:37.05(37.13)	Lap 7 04:14.79(37.74)	End 04:50.34(35.55)		
46 Heavenly-Paige GENT (CALA)	(99) [29]	(04:54.35)	04:53.29	0.3	513 (513)
Lap 1 00:32.98(32.98)	Lap 2 01:08.53(35.55)	Lap 3 01:45.45(36.92)	Lap 4 02:23.13(37.68)		
Lap 5 03:00.71(37.58)	Lap 6 03:38.35(37.64)	Lap 7 04:16.25(37.90)	End 04:53.29(37.04)		
49 Rachel SULLIVAN (COVM)	(98) [26]	(04:52.66)	04:53.58	-0.3	512
Lap 1 00:32.55(32.55)	Lap 2 01:08.30(35.75)	Lap 3 01:45.52(37.22)	Lap 4 02:22.69(37.17)		
Lap 5 03:00.48(37.79)	Lap 6 03:38.63(38.15)	Lap 7 04:17.07(38.44)	End 04:53.58(36.51)		
52 Charlotte SMITH (BLDM)	(97) [17]	(04:47.40)	04:53.97	-2.2	510
Lap 1 00:32.15(32.15)	Lap 2 01:07.06(34.91)	Lap 3 01:43.23(36.17)	Lap 4 02:20.46(37.23)		
Lap 5 02:58.25(37.79)	Lap 6 03:36.65(38.40)	Lap 7 04:15.40(38.75)	End 04:53.97(38.57)		
55 Isabelle GRAHAM (MEMM)	(99) [32]	(04:55.94)	04:54.74	0.4	506 (506)
Lap 1 00:32.83(32.83)	Lap 2 01:08.74(35.91)	Lap 3 01:45.86(37.12)	Lap 4 02:23.92(38.06)		
Lap 5 03:02.03(38.11)	Lap 6 03:40.14(38.11)	Lap 7 04:18.41(38.27)	End 04:54.74(36.33)		
58 Courtney POXON (BHMM)	(99) [24]	(04:50.34)	04:55.39	-1.7	503 (503)
Lap 1 00:32.89(32.89)	Lap 2 01:08.76(35.87)	Lap 3 01:45.95(37.19)	Lap 4 02:23.93(37.98)		



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Lap 5 03:02.30(38.37)	Lap 6 03:40.64(38.34)	Lap 7 04:18.78(38.14)	End 04:55.39(36.61)
61 Laura RICHARDSON (BLDM)	(99) [27]	(04:53.25) 04:57.30 -1.3	493 (493)
Lap 1 00:32.74(32.74)	Lap 2 01:08.94(36.20)	Lap 3 01:46.81(37.87)	Lap 4 02:24.55(37.74)
Lap 5 03:02.89(38.34)	Lap 6 03:41.54(38.65)	Lap 7 04:20.43(38.89)	End 04:57.30(36.87)
64 Lydia BARNSELY (BLDM)	(99) [38]	(04:59.21) 04:58.36 0.2	488 (488)
Lap 1 00:32.86(32.86)	Lap 2 01:10.31(37.45)	Lap 3 01:48.28(37.97)	Lap 4 02:26.82(38.54)
Lap 5 03:05.83(39.01)	Lap 6 03:43.62(37.79)	Lap 7 04:22.05(38.43)	End 04:58.36(36.31)
67 Georgia AMISON (PENA)	(97) [33]	(04:56.73) 04:58.80 -0.6	485
Lap 1 00:33.53(33.53)	Lap 2 01:10.68(37.15)	Lap 3 01:48.68(38.00)	Lap 4 02:26.46(37.78)
Lap 5 03:05.28(38.82)	Lap 6 03:43.59(38.31)	Lap 7 04:22.15(38.56)	End 04:58.80(36.65)
70 Laura COWLEY (REDM)	(99) [37]	(04:59.20) 05:00.79 -0.5	476 (476)
Lap 1 00:33.09(33.09)	Lap 2 01:09.98(36.89)	Lap 3 01:48.54(38.56)	Lap 4 02:27.46(38.92)
Lap 5 03:06.43(38.97)	Lap 6 03:45.67(39.24)	Lap 7 04:24.40(38.73)	End 05:00.79(36.39)
73 Cerys FURLONG (NRHM)	(98) [42]	(05:02.13) 05:01.39 0.2	473 (473)
Lap 1 00:34.48(34.48)	Lap 2 01:11.55(37.07)	Lap 3 01:49.44(37.89)	Lap 4 02:27.82(38.38)
Lap 5 03:06.87(39.05)	Lap 6 03:45.62(38.75)	Lap 7 04:24.63(39.01)	End 05:01.39(36.76)
76 Camilla CHATFIELD (BLDM)	(97) [35]	(04:58.00) 05:04.50 -2.1	459
Lap 1 00:32.77(32.77)	Lap 2 01:10.04(37.27)	Lap 3 01:48.49(38.45)	Lap 4 02:27.75(39.26)
Lap 5 03:06.80(39.05)	Lap 6 03:45.91(39.11)	Lap 7 04:25.88(39.97)	End 05:04.50(38.62)
79 Bethan CATCHPOLE (WOWN)	(98) [51]	(05:06.99) 05:04.96 0.6	457 (457)
Lap 1 00:33.82(33.82)	Lap 2 01:11.28(37.46)	Lap 3 01:49.70(38.42)	Lap 4 02:28.96(39.26)
Lap 5 03:08.58(39.62)	Lap 6 03:48.43(39.85)	Lap 7 04:27.60(39.17)	End 05:04.96(37.36)
82 Grace PERRY (ARNA)	(99) [40]	(05:01.50) 05:05.14 -1.2	456 (456)
Lap 1 00:34.34(34.34)	Lap 2 01:12.86(38.52)	Lap 3 01:51.78(38.92)	Lap 4 02:30.34(38.56)
Lap 5 03:09.51(39.17)	Lap 6 03:49.07(39.56)	Lap 7 04:27.91(38.84)	End 05:05.14(37.23)
85 Amy MCARAGHER (PENA)	(99) [31]	(04:54.72) 05:06.32 -3.9	451 (451)
Lap 1 00:34.57(34.57)	Lap 2 01:11.83(37.26)	Lap 3 01:49.73(37.90)	Lap 4 02:28.32(38.59)
Lap 5 03:07.52(39.20)	Lap 6 03:46.82(39.30)	Lap 7 04:26.74(39.92)	End 05:06.32(39.58)
88 Jemma GRAHAM (BLDM)	(97) [44]	(05:04.07) 05:06.33 -0.7	451
Lap 1 00:33.99(33.99)	Lap 2 01:11.23(37.24)	Lap 3 01:50.13(38.90)	Lap 4 02:29.78(39.65)
Lap 5 03:08.90(39.12)	Lap 6 03:48.39(39.49)	Lap 7 04:28.14(39.75)	End 05:06.33(38.19)
91 Jessica FITTON (KAQM)	(97) [21]	(04:49.63) 05:07.31 -6.1	446
Lap 1 00:33.36(33.36)	Lap 2 01:10.85(37.49)	Lap 3 01:49.62(38.77)	Lap 4 02:29.32(39.70)
Lap 5 03:09.14(39.82)	Lap 6 03:49.02(39.88)	Lap 7 04:28.87(39.85)	End 05:07.31(38.44)
94 Lauren WILSON (BLDM)	(99) [48]	(05:06.06) 05:07.46 -0.4	446 (446)
Lap 1 00:33.46(33.46)	Lap 2 01:11.89(38.43)	Lap 3 01:50.68(38.79)	Lap 4 02:30.19(39.51)
Lap 5 03:09.79(39.60)	Lap 6 03:49.41(39.62)	Lap 7 04:29.40(39.99)	End 05:07.46(38.06)
97 Nicole GOULDING (CALA)	(98) [46]	(05:05.31) 05:09.00 -1.2	439 (439)
Lap 1 00:34.38(34.38)	Lap 2 01:12.31(37.93)	Lap 3 01:50.52(38.21)	Lap 4 02:29.71(39.19)
Lap 5 03:09.51(39.80)	Lap 6 03:50.02(40.51)	Lap 7 04:30.20(40.18)	End 05:09.00(38.80)
100 Jessica PARKER (NUNM)	(00) [50]	(05:06.94) 05:11.37 -1.4	429 (429)
Lap 1 00:34.53(34.53)	Lap 2 01:13.34(38.81)	Lap 3 01:53.01(39.67)	Lap 4 02:33.17(40.16)
Lap 5 03:12.41(39.24)	Lap 6 03:53.20(40.79)	Lap 7 04:32.51(39.31)	End 05:11.37(38.86)
103 Leah MARTLEW (APXM)	(99) [53]	(05:11.07) 05:14.25 -1.0	417 (417)
Lap 1 00:35.42(35.42)	Lap 2 01:13.87(38.45)	Lap 3 01:53.54(39.67)	Lap 4 02:33.82(40.28)
Lap 5 03:14.42(40.60)	Lap 6 03:55.39(40.97)	Lap 7 04:35.91(40.52)	End 05:14.25(38.34)
106 Elizabeth VIZARD (PESM)	(98) [57]	(05:18.28) 05:19.00 -0.2	399 (399)
Lap 1 00:35.54(35.54)	Lap 2 01:14.60(39.06)	Lap 3 01:54.82(40.22)	Lap 4 02:35.72(40.90)
Lap 5 03:16.87(41.15)	Lap 6 03:57.83(40.96)	Lap 7 04:38.91(41.08)	End 05:19.00(40.09)
109 Alice COLLIER (CHEM)	(98) [41]	(05:02.00) 05:23.27 -7.0	383 (383)
Lap 1 00:35.77(35.77)	Lap 2 01:15.20(39.43)	Lap 3 01:55.84(40.64)	Lap 4 02:36.92(41.08)
Lap 5 03:18.68(41.76)	Lap 6 04:00.82(42.14)	Lap 7 04:42.87(42.05)	End 05:23.27(40.40)
Sarah BRADES (SPAM)	(96) [13]	(04:43.71) DNS	
Megan CROFTS (COVM)	(98) [54]	(05:11.09) DNS	
Shannon DONOVAN (COVM)	(96) [12]	(04:43.65) DNS	
Lap 1 00:32.23(32.23)	Lap 2 01:07.56(35.33)	Lap 3 01:43.78(36.22)	Lap 4 02:20.85(37.07)
Lap 5 02:57.86(37.01)	Lap 6 03:35.34(37.48)	Lap 7 04:13.25(37.91)	End 00:00.00(-253.25)
Hannah DREWETT (ARNA)	(98) [16]	(04:47.17) DNS	
Chrissie JONES (NRHM)	(97) [4]	(04:36.49) DNS	
Maria LYRI (BHMM)	(98) [8]	(04:40.58) DNS	



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Heather ROEBUCK (CHSM)	(96) [6]	(04:37.90)	DNS
Phillipa ROEBUCK (CHSM)	(99) [15]	(04:46.69)	DNS
Nicola SMITH (BBSM)	(93) [47]	(05:05.78)	DNS
Alison WAINSCOT (PENA)	(96) [36]	(04:58.76)	DNS

Event 60: 400m Freestyle Level 3, Female, 9yrs +, HDW, 31/03/2013

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
Overall Result								
1	Laurie BENNETT (BBSM)	(C)	(99)	[4]	(05:34.58)	05:09.48	7.5	437 (437)
	Lap 1 00:34.65(34.65)	Lap 2 01:13.54(38.89)	Lap 3 01:52.62(39.08)	Lap 4 02:31.78(39.16)				
	Lap 5 03:10.62(38.84)	Lap 6 03:50.53(39.91)	Lap 7 04:30.70(40.17)	End 05:09.48(38.78)				
2	Jessica SWINDELLS (WOWN)	(C)	(98)	[2]	(05:24.10)	05:27.94	-1.1	367 (367)
	Lap 1 00:36.70(36.70)	Lap 2 01:17.10(40.40)	Lap 3 01:58.62(41.52)	Lap 4 02:40.67(42.05)				
	Lap 5 03:23.07(42.40)	Lap 6 04:05.37(42.30)	Lap 7 04:47.49(42.12)	End 05:27.94(40.45)				
3	Fiona HEALY (WOWN)	(C)	(97)	[1]	(05:16.24)	05:28.39	-3.8	366
	Lap 1 00:35.99(35.99)	Lap 2 01:17.17(41.18)	Lap 3 02:00.10(42.93)	Lap 4 02:42.13(42.03)				
	Lap 5 03:24.32(42.19)	Lap 6 04:07.46(43.14)	Lap 7 04:49.14(41.68)	End 05:28.39(39.25)				
4	Abigail Jade SMITH (COVM)	(C)	(99)	[3]	(05:32.06)	05:30.00	0.6	360 (360)
	Lap 1 00:37.84(37.84)	Lap 2 01:19.12(41.28)	Lap 3 02:00.64(41.52)	Lap 4 02:42.52(41.88)				
	Lap 5 03:24.63(42.11)	Lap 6 04:06.99(42.36)	Lap 7 04:49.46(42.47)	End 05:30.00(40.54)				
5	Lucy ATHERTON (COVM)	(B)	(01)	[6]	(05:48.14)	05:34.99	3.7	344 (344)
	Lap 1 00:38.49(38.49)	Lap 2 01:20.31(41.82)	Lap 3 02:04.04(43.73)	Lap 4 02:47.28(43.24)				
	Lap 5 03:29.84(42.56)	Lap 6 04:12.70(42.86)	Lap 7 04:55.01(42.31)	End 05:34.99(39.98)				
6	Molly RIPLEY (DIBS)	(B)	(00)	[8]	(05:51.20)	05:39.03	3.4	332 (332)
	Lap 1 00:36.93(36.93)	Lap 2 01:18.69(41.76)	Lap 3 02:01.41(42.72)	Lap 4 02:44.50(43.09)				
	Lap 5 03:27.39(42.89)	Lap 6 04:11.85(44.46)	Lap 7 04:56.83(44.98)	End 05:39.03(42.20)				
7	Maia BOYLE (BLDM)	(B)	(00)	[5]	(05:48.00)	05:49.86	-0.5	302 (302)
	Lap 1 00:39.20(39.20)	Lap 2 01:22.52(43.32)	Lap 3 02:07.05(44.53)	Lap 4 02:52.04(44.99)				
	Lap 5 03:36.39(44.35)	Lap 6 04:22.02(45.63)	Lap 7 05:06.86(44.84)	End 05:49.86(43.00)				
8	Frances AUSTIN (BBSM)	(B)	(00)	[7]	(05:49.75)	05:49.96	-0.0	302 (302)
	Lap 1 00:38.24(38.24)	Lap 2 01:21.31(43.07)	Lap 3 02:05.62(44.31)	Lap 4 02:50.13(44.51)				
	Lap 5 03:35.20(45.07)	Lap 6 04:21.24(46.04)	Lap 7 05:06.70(45.46)	End 05:49.96(43.26)				
9	Emily BRAMHILL (WCOM)	(B)	(01)	[9]	(06:10.50)	05:51.89	5.0	297 (297)
	Lap 1 00:41.06(41.06)	Lap 2 01:26.99(45.93)	Lap 3 02:11.94(44.95)	Lap 4 02:57.32(45.38)				
	Lap 5 03:42.61(45.29)	Lap 6 04:27.26(44.65)	Lap 7 05:10.97(43.71)	End 05:51.89(40.92)				
10	Morgan KING (REDM)	(A)	(02)	[12]	(06:49.34)	06:13.65	8.7	248 (248)
	Lap 1 00:39.78(39.78)	Lap 2 01:24.18(44.40)	Lap 3 02:10.64(46.46)	Lap 4 02:58.43(47.79)				
	Lap 5 03:48.36(49.93)	Lap 6 04:37.84(49.48)	Lap 7 05:27.63(49.79)	End 06:13.65(46.02)				
11	Rachel MARTLEW (APXM)	(B)	(01)	[11]	(06:24.75)	06:23.41	0.3	230 (230)
	Lap 1 00:41.99(41.99)	Lap 2 01:27.51(45.52)	Lap 3 02:14.73(47.22)	Lap 4 03:03.02(48.29)				
	Lap 5 03:51.78(48.76)	Lap 6 05:34.13(102.35)	Lap 7 06:23.38(49.25)	Lap 7 06:23.64(0.26)	Correct			
	Alannah MABBS (PRCT)	(B)	(01)	[10]	(06:19.28)	DNS		

Results Band A, 9/10 yrs

1	Morgan KING (REDM)	(02)	[12]	(06:49.34)	06:13.65	8.7	248 (248)
	Lap 1 00:39.78(39.78)	Lap 2 01:24.18(44.40)	Lap 3 02:10.64(46.46)	Lap 4 02:58.43(47.79)			
	Lap 5 03:48.36(49.93)	Lap 6 04:37.84(49.48)	Lap 7 05:27.63(49.79)	End 06:13.65(46.02)			

Results Band B, 11/12 yrs

1	Lucy ATHERTON (COVM)	(01)	[6]	(05:48.14)	05:34.99	3.7	344 (344)
	Lap 1 00:38.49(38.49)	Lap 2 01:20.31(41.82)	Lap 3 02:04.04(43.73)	Lap 4 02:47.28(43.24)			
	Lap 5 03:29.84(42.56)	Lap 6 04:12.70(42.86)	Lap 7 04:55.01(42.31)	End 05:34.99(39.98)			
4	Molly RIPLEY (DIBS)	(00)	[8]	(05:51.20)	05:39.03	3.4	332 (332)
	Lap 1 00:36.93(36.93)	Lap 2 01:18.69(41.76)	Lap 3 02:01.41(42.72)	Lap 4 02:44.50(43.09)			
	Lap 5 03:27.39(42.89)	Lap 6 04:11.85(44.46)	Lap 7 04:56.83(44.98)	End 05:39.03(42.20)			
7	Maia BOYLE (BLDM)	(00)	[5]	(05:48.00)	05:49.86	-0.5	302 (302)
	Lap 1 00:39.20(39.20)	Lap 2 01:22.52(43.32)	Lap 3 02:07.05(44.53)	Lap 4 02:52.04(44.99)			
	Lap 5 03:36.39(44.35)	Lap 6 04:22.02(45.63)	Lap 7 05:06.86(44.84)	End 05:49.86(43.00)			
10	Frances AUSTIN (BBSM)	(00)	[7]	(05:49.75)	05:49.96	-0.0	302 (302)
	Lap 1 00:38.24(38.24)	Lap 2 01:21.31(43.07)	Lap 3 02:05.62(44.31)	Lap 4 02:50.13(44.51)			
	Lap 5 03:35.20(45.07)	Lap 6 04:21.24(46.04)	Lap 7 05:06.70(45.46)	End 05:49.96(43.26)			



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

PAGE 10

Date printed 02/04/2013

13 Emily BRAMHILL (WCOM)	(01) [9]	(06:10.50)	05:51.89	5.0	297 (297)
Lap 1 00:41.06(41.06)	Lap 2 01:26.99(45.93)	Lap 3 02:11.94(44.95)	Lap 4 02:57.32(45.38)		
Lap 5 03:42.61(45.29)	Lap 6 04:27.26(44.65)	Lap 7 05:10.97(43.71)	End 05:51.89(40.92)		
16 Rachel MARTLEW (APXM)	(01) [11]	(06:24.75)	06:23.41	0.3	230 (230)
Lap 1 00:41.99(41.99)	Lap 2 01:27.51(45.52)	Lap 3 02:14.73(47.22)	Lap 4 03:03.02(48.29)		
Lap 5 03:51.78(48.76)	Lap 6 05:34.13(102.35)	Lap 7 06:23.38(49.25)	Lap 7 06:23.64(0.26)	Correct	
Alannah MABBS (PRCT)	(01) [10]	(06:19.28)	DNS		
Results Band C, 13+ yrs					
1 Laurie BENNETT (BBSM)	(99) [4]	(05:34.58)	05:09.48	7.5	437 (437)
Lap 1 00:34.65(34.65)	Lap 2 01:13.54(38.89)	Lap 3 01:52.62(39.08)	Lap 4 02:31.78(39.16)		
Lap 5 03:10.62(38.84)	Lap 6 03:50.53(39.91)	Lap 7 04:30.70(40.17)	End 05:09.48(38.78)		
4 Jessica SWINDELLS (WOWN)	(98) [2]	(05:24.10)	05:27.94	-1.1	367 (367)
Lap 1 00:36.70(36.70)	Lap 2 01:17.10(40.40)	Lap 3 01:58.62(41.52)	Lap 4 02:40.67(42.05)		
Lap 5 03:23.07(42.40)	Lap 6 04:05.37(42.30)	Lap 7 04:47.49(42.12)	End 05:27.94(40.45)		
7 Fiona HEALY (WOWN)	(97) [1]	(05:16.24)	05:28.39	-3.8	366
Lap 1 00:35.99(35.99)	Lap 2 01:17.17(41.18)	Lap 3 02:00.10(42.93)	Lap 4 02:42.13(42.03)		
Lap 5 03:24.32(42.19)	Lap 6 04:07.46(43.14)	Lap 7 04:49.14(41.68)	End 05:28.39(39.25)		
10 Abigail Jade SMITH (COVM)	(99) [3]	(05:32.06)	05:30.00	0.6	360 (360)
Lap 1 00:37.84(37.84)	Lap 2 01:19.12(41.28)	Lap 3 02:00.64(41.52)	Lap 4 02:42.52(41.88)		
Lap 5 03:24.63(42.11)	Lap 6 04:06.99(42.36)	Lap 7 04:49.46(42.47)	End 05:30.00(40.54)		