



City of Birmingham Open 2013 at Stechford Cascades Birmingham
RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)

Event 5: 400m Ind. Medley Level 2, Male, 9yrs +, HDW, 29/03/2013

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
Overall Result								
1	Bradley LYNCH (BHMM)	(C)	(96)	[3]	(04:32.70)	04:28.43	1.5	675
	Lap 1 00:28.33(28.33)	Lap 2 00:59.92(31.59)	Lap 3 01:36.82(36.90)	Lap 4 02:12.13(35.31)				
	Lap 5 02:50.62(38.49)	Lap 6 03:29.66(39.04)	Lap 7 03:59.47(29.81)	End 04:28.43(28.96)				
2	Kieran L SMITH (BHMM)	(C)	(95)	[2]	(04:31.69)	04:32.42	-0.2	646
	Lap 1 00:27.70(27.70)	Lap 2 00:59.46(31.76)	Lap 3 01:33.90(34.44)	Lap 4 02:08.28(34.38)				
	Lap 5 02:47.90(39.62)	Lap 6 03:28.41(40.51)	Lap 7 04:00.88(32.47)	End 04:32.42(31.54)				
3	Joshua WINNICOTT (BHMM)	(C)	(96)	[4]	(04:39.39)	04:33.93	1.9	635
	Lap 1 00:29.08(29.08)	Lap 2 01:01.97(32.89)	Lap 3 01:38.82(36.85)	Lap 4 02:14.42(35.60)				
	Lap 5 02:51.97(37.55)	Lap 6 03:30.20(38.23)	Lap 7 04:02.78(32.58)	End 04:33.93(31.15)				
4	Jake DIXON (BHMM)	(C)	(98)	[5]	(04:43.11)	04:39.14	1.4	600
	Lap 1 00:28.41(28.41)	Lap 2 01:01.59(33.18)	Lap 3 01:37.02(35.43)	Lap 4 02:12.18(35.16)				
	Lap 5 02:52.46(40.28)	Lap 6 03:33.04(40.58)	Lap 7 04:06.50(33.46)	End 04:39.14(32.64)				
5	Ashley MARKALL (BHMM)	(C)	(99)	[7]	(05:02.75)	04:52.51	3.3	521 (521)
	Lap 1 00:30.96(30.96)	Lap 2 01:06.10(35.14)	Lap 3 01:43.66(37.56)	Lap 4 02:20.62(36.96)				
	Lap 5 03:01.93(41.31)	Lap 6 03:43.68(41.75)	Lap 7 04:18.49(34.81)	End 04:52.51(34.02)				
6	Ben STANFORD (BHMM)	(C)	(99)	[11]	(05:13.30)	04:58.24	4.8	492 (492)
	Lap 1 00:29.96(29.96)	Lap 2 01:05.59(35.63)	Lap 3 01:44.32(38.73)	Lap 4 02:21.90(37.58)				
	Lap 5 03:06.11(44.21)	Lap 6 03:51.34(45.23)	Lap 7 04:25.74(34.40)	End 04:58.24(32.50)				
7	Alex ROGERS (BHMM)	(C)	(99)	[15]	(05:18.49)	05:07.22	3.5	450 (450)
	Lap 1 00:31.38(31.38)	Lap 2 01:08.15(36.77)	Lap 3 01:49.60(41.45)	Lap 4 02:31.10(41.50)				
	Lap 5 03:12.35(41.25)	Lap 6 03:54.47(42.12)	Lap 7 04:31.58(37.11)	End 05:07.22(35.64)				
8	Jack MOULTON (KAQM)	(C)	(98)	[10]	(05:12.52)	05:13.47	-0.3	424 (424)
	Lap 1 00:32.16(32.16)	Lap 2 01:11.20(39.04)	Lap 3 01:51.73(40.53)	Lap 4 02:32.16(40.43)				
	Lap 5 03:15.24(43.08)	Lap 6 04:00.09(44.85)	Lap 7 04:37.84(37.75)	End 05:13.47(35.63)				
9	Jack HARDING (REDM)	(C)	(99)	[16]	(05:28.32)	05:16.87	3.4	410 (410)
	Lap 1 00:31.55(31.55)	Lap 2 01:10.19(38.64)	Lap 3 01:50.62(40.43)	Lap 4 02:30.65(40.03)				
	Lap 5 03:16.78(46.13)	Lap 6 04:04.24(47.46)	Lap 7 04:41.04(36.80)	End 05:16.87(35.83)				
10	Henri OWEN (COSN)	(C)	(97)	[14]	(05:17.71)	05:17.13	0.1	409
	Lap 1 00:32.27(32.27)	Lap 2 01:10.91(38.64)	Lap 3 01:51.29(40.38)	Lap 4 02:30.64(39.35)				
	Lap 5 03:18.89(48.25)	Lap 6 04:07.87(48.98)	Lap 7 04:43.55(35.68)	End 05:17.13(33.58)				
11	Ben PEFFERS (NUNM)	(C)	(97)	[9]	(05:12.27)	05:18.81	-2.0	403
	Lap 1 00:32.37(32.37)	Lap 2 01:10.71(38.34)	Lap 3 01:52.08(41.37)	Lap 4 02:32.63(40.55)				
	Lap 5 03:20.39(47.76)	Lap 6 04:07.62(47.23)	Lap 7 04:43.92(36.30)	End 05:18.81(34.89)				
12	Thomas BLOOR (BHMM)	(C)	(00)	[22]	(05:36.09)	05:21.19	4.4	394 (394)
	Lap 1 00:33.06(33.06)	Lap 2 01:12.35(39.29)	Lap 3 01:54.49(42.14)	Lap 4 02:34.34(39.85)				
	Lap 5 03:19.72(45.38)							
13	Jordan STRATHON (VULM)	(C)	(96)	[13]	(05:13.80)	05:22.73	-2.8	388
	Lap 1 00:32.97(32.97)	Lap 2 01:15.46(42.49)	Lap 3 01:55.44(39.98)	Lap 4 02:33.33(37.89)				
	Lap 5 03:24.39(51.06)	Lap 6 04:13.71(49.32)	Lap 7 04:47.63(33.92)	End 05:22.73(35.10)				
14	Ken HO (BHMM)	(C)	(00)	[21]	(05:35.00)	05:24.51	3.1	382 (382)
	Lap 1 00:34.12(34.12)	Lap 2 01:13.81(39.69)	Lap 3 01:52.03(38.22)	Lap 4 02:31.07(39.04)				
	Lap 5 03:19.19(48.12)							
15	Archie LANGSTON (BHMM)	(B)	(00)	[23]	(05:39.79)	05:26.05	4.0	376 (376)
	Lap 1 00:34.47(34.47)	Lap 2 01:15.31(40.84)	Lap 3 01:55.97(40.66)	Lap 4 02:35.09(39.12)				
	Lap 5 03:24.62(49.53)							
16	Stuart EASTWOOD (CREN)	(C)	(98)	[19]	(05:33.89)	05:27.32	1.9	372 (372)
	Lap 1 00:33.92(33.92)	Lap 2 01:15.18(41.26)	Lap 3 01:58.05(42.87)	Lap 4 02:39.58(41.53)				
	Lap 5 03:26.41(46.83)							
17	Leo KARSKI (BHMM)	(B)	(01)	[30]	(06:00.28)	05:28.35	8.8	368 (368)
	Lap 1 00:34.51(34.51)	Lap 2 01:14.28(39.77)	Lap 3 01:56.52(42.24)	Lap 4 02:37.88(41.36)				
	Lap 5 03:26.07(48.19)	Lap 6 04:14.27(48.20)	Lap 7 04:52.46(38.19)	End 05:28.35(35.89)				
18	Samuel OSBORNE (BHMM)	(B)	(01)	[26]	(05:48.25)	05:28.48	5.6	368 (368)
	Lap 1 00:33.35(33.35)	Lap 2 01:13.30(39.95)	Lap 3 01:55.54(42.24)	Lap 4 02:36.77(41.23)				
	Lap 5 03:26.45(49.68)	Lap 6 04:15.51(49.06)	Lap 7 04:52.43(36.92)	End 05:28.48(36.05)				



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19 William MOSS (REDM)	(C)	(99) [17]	(05:30.41)	05:30.36	0.0	362 (362)
Lap 1 00:35.04(35.04)	Lap 2 01:19.02(43.98)	Lap 3 02:01.41(42.39)	Lap 4 02:42.73(41.32)			
Lap 5 03:28.91(46.18)	Lap 6 04:15.88(46.97)	Lap 7 04:54.11(38.23)	End 05:30.36(36.25)			
20 Lewis ADAMS (COSN)	(C)	(97) [18]	(05:32.30)	05:31.27	0.3	359
Lap 1 00:32.75(32.75)	Lap 2 01:11.91(39.16)	Lap 3 01:54.91(43.00)	Lap 4 02:36.66(41.75)			
Lap 5 03:26.28(49.62)	Lap 6 04:16.98(50.70)	Lap 7 04:55.15(38.17)	End 05:31.27(36.12)			
21 Thomas SMITH (LSHA)	(B)	(01) [27]	(05:51.70)	05:33.23	5.2	352 (352)
Lap 1 00:35.25(35.25)	Lap 2 01:16.93(41.68)	Lap 3 01:58.28(41.35)	Lap 4 02:37.57(39.29)			
Lap 5 03:29.19(51.62)	Lap 6 04:21.22(52.03)	Lap 7 04:58.55(37.33)	End 05:33.23(34.68)			
22 Lewis MCGHEE (WOWN)	(A)	(02) [25]	(05:47.39)	05:46.39	0.2	314 (314)
Lap 1 00:36.85(36.85)	Lap 2 01:19.69(42.84)	Lap 3 02:04.15(44.46)	Lap 4 02:47.73(43.58)			
Lap 5 03:39.68(51.95)	Lap 6 04:30.95(51.27)	Lap 7 05:09.22(38.27)	End 05:46.39(37.17)			
23 Roan GRIFFITHS (BHMM)	(B)	(01) [29]	(06:00.14)	05:48.93	3.1	307 (307)
Lap 1 00:36.25(36.25)	Lap 2 01:18.57(42.32)	Lap 3 02:05.14(46.57)	Lap 4 02:51.60(46.46)			
Lap 5 03:39.79(48.19)	Lap 6 04:30.23(50.44)	Lap 7 05:10.00(39.77)	End 05:48.93(38.93)			
24 Matthew CRAWLEY (WOWN)	(B)	(00) [28]	(05:57.30)	05:53.22	1.1	296 (296)
Lap 1 00:39.55(39.55)	Lap 2 01:27.11(47.56)	Lap 3 02:10.96(43.85)	Lap 4 02:54.63(43.67)			
Lap 5 03:44.66(50.03)	Lap 6 04:35.12(50.46)	Lap 7 05:14.52(39.40)	End 05:53.22(38.70)			
25 Oliver LILLYCROP (BHMM)	(B)	(01) [37]	(06:50.00)	05:54.52	13.5	293 (293)
Lap 1 00:35.11(35.11)	Lap 2 01:17.87(42.76)	Lap 3 02:04.42(46.55)	Lap 4 02:50.37(45.95)			
Lap 5 03:41.27(50.90)	Lap 6 04:34.14(52.87)	Lap 7 05:14.95(40.81)	End 05:54.52(39.57)			
26 Ben SMITH (BLDM)	(A)	(02) [35]	(06:45.50)	06:06.04	9.7	266 (266)
Lap 1 00:38.35(38.35)	Lap 2 01:26.59(48.24)	Lap 3 02:11.93(45.34)	Lap 4 02:58.00(46.07)			
Lap 5 03:52.38(54.38)	Lap 6 04:47.85(55.47)	Lap 7 05:26.94(39.09)	End 06:06.04(39.10)			
27 James CASEWELL (LADM)	(A)	(03) [33]	(06:36.13)	06:10.06	6.5	257 (257)
Lap 1 00:41.95(41.95)	Lap 2 01:31.82(49.87)	Lap 3 02:20.00(48.18)	Lap 4 03:06.70(46.70)			
Lap 5 03:57.79(51.09)	Lap 6 04:50.20(52.41)	Lap 7 05:30.80(40.60)	End 06:10.06(39.26)			
28 Leighton PALMER-WHYTE (BHMM)	(B)	(01) [32]	(06:34.20)	06:23.70	2.6	231 (231)
Lap 1 00:40.13(40.13)	Lap 2 01:32.06(51.93)	Lap 3 02:21.33(49.27)	Lap 4 03:09.64(48.31)			
Lap 5 04:02.63(52.99)	Lap 6 04:56.62(53.99)	Lap 7 05:42.34(45.72)	End 06:23.70(41.36)			
29 Elliot STEWART (NUNM)	(B)	(01) [31]	(06:31.39)	06:23.78	1.9	231 (231)
Lap 1 00:40.65(40.65)	Lap 2 01:30.65(50.00)	Lap 3 02:19.28(48.63)	Lap 4 03:06.46(47.18)			
Lap 5 04:02.59(56.13)	Lap 6 04:58.04(55.45)	Lap 7 05:41.79(43.75)	End 06:23.78(41.99)			
30 Tommy SMITH (COVM)	(A)	(03) [39]	(08:12.39)	07:25.14	9.5	148 (148)
Lap 1 00:48.26(48.26)	Lap 2 01:52.84(64.58)	Lap 3 02:51.70(58.86)	Lap 4 03:48.62(56.92)			
Lap 5 04:49.13(60.51)	Lap 6 05:52.40(63.27)	Lap 7 06:40.30(47.90)	End 07:25.14(44.84)			
James HANCOCK (MBSM)	(C)	(98) [12]	(05:13.42)	DNS		
Braiden HARTLES (BHMM)	(C)	(97) [1]	(04:21.99)	DNS		
Daniel HIGGINS (FOXM)	(C)	(00) [24]	(05:42.22)	DNS		
Benedict JONES (REDM)	(A)	(02) [36]	(06:48.48)	DNS		
Robert ROSS (NRHM)	(C)	(96) [6]	(04:50.62)	DNS		
Luke SKELDING (BHMM)	(B)	(02) [34]	(06:40.00)	DNS		
Callum STRETTON (COLA)	(C)	(98) [8]	(05:09.43)	DNS		
Ryan ANDREWS (BHMM)	(B)	(00) [20]	(05:34.44)	DSQ	7.6	
Lap 1 00:33.21(33.21)	Lap 2 01:12.54(39.33)	Lap 3 01:53.56(41.02)	Lap 4 02:33.25(39.69)			
Lap 5 03:24.87(51.62)						
Freddie TRUMAN (BBSM)	(A)	(03) [38]	(07:59.00)	DSQ	8.5	
Lap 1 00:54.73(54.73)	Lap 2 02:07.71(72.98)	Lap 3 03:06.07(58.36)	Lap 4 04:03.21(57.14)			
Lap 5 05:06.91(63.70)	Lap 6 06:09.79(62.88)	Lap 7 07:05.56(55.77)	End 00:00.00(-425.56)			
Results Band A, 9/10 yrs						
1 Lewis MCGHEE (WOWN)		(02) [25]	(05:47.39)	05:46.39	0.2	314 (314)
Lap 1 00:36.85(36.85)	Lap 2 01:19.69(42.84)	Lap 3 02:04.15(44.46)	Lap 4 02:47.73(43.58)			
Lap 5 03:39.68(51.95)	Lap 6 04:30.95(51.27)	Lap 7 05:09.22(38.27)	End 05:46.39(37.17)			
4 Ben SMITH (BLDM)		(02) [35]	(06:45.50)	06:06.04	9.7	266 (266)
Lap 1 00:38.35(38.35)	Lap 2 01:26.59(48.24)	Lap 3 02:11.93(45.34)	Lap 4 02:58.00(46.07)			
Lap 5 03:52.38(54.38)	Lap 6 04:47.85(55.47)	Lap 7 05:26.94(39.09)	End 06:06.04(39.10)			
7 James CASEWELL (LADM)		(03) [33]	(06:36.13)	06:10.06	6.5	257 (257)
Lap 1 00:41.95(41.95)	Lap 2 01:31.82(49.87)	Lap 3 02:20.00(48.18)	Lap 4 03:06.70(46.70)			
Lap 5 03:57.79(51.09)	Lap 6 04:50.20(52.41)	Lap 7 05:30.80(40.60)	End 06:10.06(39.26)			



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10 Tommy SMITH (COVM)	(03) [39]	(08:12.39)	07:25.14	9.5	148 (148)
Lap 1 00:48.26(48.26)	Lap 2 01:52.84(64.58)	Lap 3 02:51.70(58.86)	Lap 4 03:48.62(56.92)		
Lap 5 04:49.13(60.51)	Lap 6 05:52.40(63.27)	Lap 7 06:40.30(47.90)	End 07:25.14(44.84)		
Benedict JONES (REDM)	(02) [36]	(06:48.48)	DNS		
Freddie TRUMAN (BBSM)	(03) [38]	(07:59.00)	DSQ	8.5	
Lap 1 00:54.73(54.73)	Lap 2 02:07.71(72.98)	Lap 3 03:06.07(58.36)	Lap 4 04:03.21(57.14)		
Lap 5 05:06.91(63.70)	Lap 6 06:09.79(62.88)	Lap 7 07:05.56(55.77)	End 00:00.00(-425.56)		

Results Band B, 11/12 yrs

1 Archie LANGSTON (BHMM)	(00) [23]	(05:39.79)	05:26.05	4.0	376 (376)
Lap 1 00:34.47(34.47)	Lap 2 01:15.31(40.84)	Lap 3 01:55.97(40.66)	Lap 4 02:35.09(39.12)		
Lap 5 03:24.62(49.53)					
4 Leo KARSKI (BHMM)	(01) [30]	(06:00.28)	05:28.35	8.8	368 (368)
Lap 1 00:34.51(34.51)	Lap 2 01:14.28(39.77)	Lap 3 01:56.52(42.24)	Lap 4 02:37.88(41.36)		
Lap 5 03:26.07(48.19)	Lap 6 04:14.27(48.20)	Lap 7 04:52.46(38.19)	End 05:28.35(35.89)		
7 Samuel OSBORNE (BHMM)	(01) [26]	(05:48.25)	05:28.48	5.6	368 (368)
Lap 1 00:33.35(33.35)	Lap 2 01:13.30(39.95)	Lap 3 01:55.54(42.24)	Lap 4 02:36.77(41.23)		
Lap 5 03:26.45(49.68)	Lap 6 04:15.51(49.06)	Lap 7 04:52.43(36.92)	End 05:28.48(36.05)		
10 Thomas SMITH (LSHA)	(01) [27]	(05:51.70)	05:33.23	5.2	352 (352)
Lap 1 00:35.25(35.25)	Lap 2 01:16.93(41.68)	Lap 3 01:58.28(41.35)	Lap 4 02:37.57(39.29)		
Lap 5 03:29.19(51.62)	Lap 6 04:21.22(52.03)	Lap 7 04:58.55(37.33)	End 05:33.23(34.68)		
13 Roan GRIFFITHS (BHMM)	(01) [29]	(06:00.14)	05:48.93	3.1	307 (307)
Lap 1 00:36.25(36.25)	Lap 2 01:18.57(42.32)	Lap 3 02:05.14(46.57)	Lap 4 02:51.60(46.46)		
Lap 5 03:39.79(48.19)	Lap 6 04:30.23(50.44)	Lap 7 05:10.00(39.77)	End 05:48.93(38.93)		
16 Matthew CRAWLEY (WOWN)	(00) [28]	(05:57.30)	05:53.22	1.1	296 (296)
Lap 1 00:39.55(39.55)	Lap 2 01:27.11(47.56)	Lap 3 02:10.96(43.85)	Lap 4 02:54.63(43.67)		
Lap 5 03:44.66(50.03)	Lap 6 04:35.12(50.46)	Lap 7 05:14.52(39.40)	End 05:53.22(38.70)		
19 Oliver LILLYCROP (BHMM)	(01) [37]	(06:50.00)	05:54.52	13.5	293 (293)
Lap 1 00:35.11(35.11)	Lap 2 01:17.87(42.76)	Lap 3 02:04.42(46.55)	Lap 4 02:50.37(45.95)		
Lap 5 03:41.27(50.90)	Lap 6 04:34.14(52.87)	Lap 7 05:14.95(40.81)	End 05:54.52(39.57)		
22 Leighton PALMER-WHYTE (BHMM)	(01) [32]	(06:34.20)	06:23.70	2.6	231 (231)
Lap 1 00:40.13(40.13)	Lap 2 01:32.06(51.93)	Lap 3 02:21.33(49.27)	Lap 4 03:09.64(48.31)		
Lap 5 04:02.63(52.99)	Lap 6 04:56.62(53.99)	Lap 7 05:42.34(45.72)	End 06:23.70(41.36)		
25 Elliot STEWART (NUNM)	(01) [31]	(06:31.39)	06:23.78	1.9	231 (231)
Lap 1 00:40.65(40.65)	Lap 2 01:30.65(50.00)	Lap 3 02:19.28(48.63)	Lap 4 03:06.46(47.18)		
Lap 5 04:02.59(56.13)	Lap 6 04:58.04(55.45)	Lap 7 05:41.79(43.75)	End 06:23.78(41.99)		
Luke SKELDING (BHMM)	(02) [34]	(06:40.00)	DNS		
Ryan ANDREWS (BHMM)	(00) [20]	(05:34.44)	DSQ	7.6	
Lap 1 00:33.21(33.21)	Lap 2 01:12.54(39.33)	Lap 3 01:53.56(41.02)	Lap 4 02:33.25(39.69)		
Lap 5 03:24.87(51.62)					

Results Band C, 13+ yrs

1 Bradley LYNCH (BHMM)	(96) [3]	(04:32.70)	04:28.43	1.5	675
Lap 1 00:28.33(28.33)	Lap 2 00:59.92(31.59)	Lap 3 01:36.82(36.90)	Lap 4 02:12.13(35.31)		
Lap 5 02:50.62(38.49)	Lap 6 03:29.66(39.04)	Lap 7 03:59.47(29.81)	End 04:28.43(28.96)		
4 Kieran L SMITH (BHMM)	(95) [2]	(04:31.69)	04:32.42	-0.2	646
Lap 1 00:27.70(27.70)	Lap 2 00:59.46(31.76)	Lap 3 01:33.90(34.44)	Lap 4 02:08.28(34.38)		
Lap 5 02:47.90(39.62)	Lap 6 03:28.41(40.51)	Lap 7 04:00.88(32.47)	End 04:32.42(31.54)		
7 Joshua WINNICOTT (BHMM)	(96) [4]	(04:39.39)	04:33.93	1.9	635
Lap 1 00:29.08(29.08)	Lap 2 01:01.97(32.89)	Lap 3 01:38.82(36.85)	Lap 4 02:14.42(35.60)		
Lap 5 02:51.97(37.55)	Lap 6 03:30.20(38.23)	Lap 7 04:02.78(32.58)	End 04:33.93(31.15)		
10 Jake DIXON (BHMM)	(98) [5]	(04:43.11)	04:39.14	1.4	600
Lap 1 00:28.41(28.41)	Lap 2 01:01.59(33.18)	Lap 3 01:37.02(35.43)	Lap 4 02:12.18(35.16)		
Lap 5 02:52.46(40.28)	Lap 6 03:33.04(40.58)	Lap 7 04:06.50(33.46)	End 04:39.14(32.64)		
13 Ashley MARKALL (BHMM)	(99) [7]	(05:02.75)	04:52.51	3.3	521 (521)
Lap 1 00:30.96(30.96)	Lap 2 01:06.10(35.14)	Lap 3 01:43.66(37.56)	Lap 4 02:20.62(36.96)		
Lap 5 03:01.93(41.31)	Lap 6 03:43.68(41.75)	Lap 7 04:18.49(34.81)	End 04:52.51(34.02)		
16 Ben STANFORD (BHMM)	(99) [11]	(05:13.30)	04:58.24	4.8	492 (492)
Lap 1 00:29.96(29.96)	Lap 2 01:05.59(35.63)	Lap 3 01:44.32(38.73)	Lap 4 02:21.90(37.58)		
Lap 5 03:06.11(44.21)	Lap 6 03:51.34(45.23)	Lap 7 04:25.74(34.40)	End 04:58.24(32.50)		
19 Alex ROGERS (BHMM)	(99) [15]	(05:18.49)	05:07.22	3.5	450 (450)
Lap 1 00:31.38(31.38)	Lap 2 01:08.15(36.77)	Lap 3 01:49.60(41.45)	Lap 4 02:31.10(41.50)		



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Lap 5	03:12.35(41.25)	Lap 6	03:54.47(42.12)	Lap 7	04:31.58(37.11)	End	05:07.22(35.64)
22 Jack MOULTON (KAQM)		(98) [10]	(05:12.52)	05:13.47	-0.3	424 (424)	
Lap 1	00:32.16(32.16)	Lap 2	01:11.20(39.04)	Lap 3	01:51.73(40.53)	Lap 4	02:32.16(40.43)
Lap 5	03:15.24(43.08)	Lap 6	04:00.09(44.85)	Lap 7	04:37.84(37.75)	End	05:13.47(35.63)
25 Jack HARDING (REDM)		(99) [16]	(05:28.32)	05:16.87	3.4	410 (410)	
Lap 1	00:31.55(31.55)	Lap 2	01:10.19(38.64)	Lap 3	01:50.62(40.43)	Lap 4	02:30.65(40.03)
Lap 5	03:16.78(46.13)	Lap 6	04:04.24(47.46)	Lap 7	04:41.04(36.80)	End	05:16.87(35.83)
28 Henri OWEN (COSN)		(97) [14]	(05:17.71)	05:17.13	0.1	409	
Lap 1	00:32.27(32.27)	Lap 2	01:10.91(38.64)	Lap 3	01:51.29(40.38)	Lap 4	02:30.64(39.35)
Lap 5	03:18.89(48.25)	Lap 6	04:07.87(48.98)	Lap 7	04:43.55(35.68)	End	05:17.13(33.58)
31 Ben PEFFERS (NUNM)		(97) [9]	(05:12.27)	05:18.81	-2.0	403	
Lap 1	00:32.37(32.37)	Lap 2	01:10.71(38.34)	Lap 3	01:52.08(41.37)	Lap 4	02:32.63(40.55)
Lap 5	03:20.39(47.76)	Lap 6	04:07.62(47.23)	Lap 7	04:43.92(36.30)	End	05:18.81(34.89)
34 Thomas BLOOR (BHMM)		(00) [22]	(05:36.09)	05:21.19	4.4	394 (394)	
Lap 1	00:33.06(33.06)	Lap 2	01:12.35(39.29)	Lap 3	01:54.49(42.14)	Lap 4	02:34.34(39.85)
Lap 5	03:19.72(45.38)						
37 Jordan STRATHON (VULM)		(96) [13]	(05:13.80)	05:22.73	-2.8	388	
Lap 1	00:32.97(32.97)	Lap 2	01:15.46(42.49)	Lap 3	01:55.44(39.98)	Lap 4	02:33.33(37.89)
Lap 5	03:24.39(51.06)	Lap 6	04:13.71(49.32)	Lap 7	04:47.63(33.92)	End	05:22.73(35.10)
40 Ken HO (BHMM)		(00) [21]	(05:35.00)	05:24.51	3.1	382 (382)	
Lap 1	00:34.12(34.12)	Lap 2	01:13.81(39.69)	Lap 3	01:52.03(38.22)	Lap 4	02:31.07(39.04)
Lap 5	03:19.19(48.12)						
43 Stuart EASTWOOD (CREN)		(98) [19]	(05:33.89)	05:27.32	1.9	372 (372)	
Lap 1	00:33.92(33.92)	Lap 2	01:15.18(41.26)	Lap 3	01:58.05(42.87)	Lap 4	02:39.58(41.53)
Lap 5	03:26.41(46.83)						
46 William MOSS (REDM)		(99) [17]	(05:30.41)	05:30.36	0.0	362 (362)	
Lap 1	00:35.04(35.04)	Lap 2	01:19.02(43.98)	Lap 3	02:01.41(42.39)	Lap 4	02:42.73(41.32)
Lap 5	03:28.91(46.18)	Lap 6	04:15.88(46.97)	Lap 7	04:54.11(38.23)	End	05:30.36(36.25)
49 Lewis ADAMS (COSN)		(97) [18]	(05:32.30)	05:31.27	0.3	359	
Lap 1	00:32.75(32.75)	Lap 2	01:11.91(39.16)	Lap 3	01:54.91(43.00)	Lap 4	02:36.66(41.75)
Lap 5	03:26.28(49.62)	Lap 6	04:16.98(50.70)	Lap 7	04:55.15(38.17)	End	05:31.27(36.12)
James HANCOCK (MBSM)		(98) [12]	(05:13.42)	DNS			
Braiden HARTLES (BHMM)		(97) [1]	(04:21.99)	DNS			
Daniel HIGGINS (FOXM)		(00) [24]	(05:42.22)	DNS			
Robert ROSS (NRHM)		(96) [6]	(04:50.62)	DNS			
Callum STRETTON (COLA)		(98) [8]	(05:09.43)	DNS			

Event 6: 400m Ind. Medley Level 3, Male, 9yrs +, HDW, 29/03/2013

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
Overall Result								
1	Alex MARTIN (FOXM)	(C)	(96)	[1]	(05:32.50)	05:18.69	4.1	403
	Lap 1	00:33.57(33.57)	Lap 2	01:13.09(39.52)	Lap 3	01:55.29(42.20)	Lap 4	02:36.24(40.95)
	Lap 5	03:21.63(45.39)						
2	Jonathan SKILLING (WOWN)	(B)	(00)	[2]	(06:47.36)	06:24.20	5.6	230 (230)
	Lap 1	00:40.97(40.97)	Lap 2	01:31.62(50.65)	Lap 3	02:19.25(47.63)	Lap 4	03:05.69(46.44)
	Lap 5	04:03.81(58.12)	Lap 6	05:04.71(60.90)	Lap 7	05:45.86(41.15)	End	06:24.20(38.34)
3	Connor HEALY (WOWN)	(B)	(02)	[3]	(07:01.91)	06:33.06	6.8	215 (215)
	Lap 1	00:41.39(41.39)	Lap 2	01:34.55(53.16)	Lap 3	02:23.06(48.51)	Lap 4	03:10.28(47.22)
	Lap 5	04:08.52(58.24)	Lap 6	05:06.54(58.02)	Lap 7	05:50.57(44.03)	End	06:33.06(42.49)
4	Christopher VIZARD (PESM)	(B)	(02)	[4]	(07:20.00)	06:34.58	10.3	212 (212)
	Lap 1	00:44.96(44.96)	Lap 2	01:40.30(55.34)	Lap 3	02:29.51(49.21)	Lap 4	03:16.88(47.37)
	Lap 5	04:11.44(54.56)	Lap 6	05:09.68(58.24)	Lap 7	05:51.71(42.03)	End	06:34.58(42.87)
5	James MABBS (PRCT)	(A)	(02)	[5]	(08:02.29)	08:02.10	0.0	116 (116)
	Lap 1	00:49.92(49.92)	Lap 2	01:59.98(70.06)	Lap 3	02:57.79(57.81)	Lap 4	03:55.09(57.30)
	Lap 5	05:06.83(71.74)	Lap 6	06:16.41(69.58)	Lap 7	07:10.75(54.34)	End	08:02.10(51.35)



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Results Band A, 9/10 yrs

1 James MABBS (PRCT)	(02) [5]	(08:02.29)	08:02.10	0.0	116 (116)
Lap 1 00:49.92(49.92)	Lap 2 01:59.98(70.06)	Lap 3 02:57.79(57.81)	Lap 4 03:55.09(57.30)		
Lap 5 05:06.83(71.74)	Lap 6 06:16.41(69.58)	Lap 7 07:10.75(54.34)	End 08:02.10(51.35)		

Results Band B, 11/12 yrs

1 Jonathan SKILLING (WOWN)	(00) [2]	(06:47.36)	06:24.20	5.6	230 (230)
Lap 1 00:40.97(40.97)	Lap 2 01:31.62(50.65)	Lap 3 02:19.25(47.63)	Lap 4 03:05.69(46.44)		
Lap 5 04:03.81(58.12)	Lap 6 05:04.71(60.90)	Lap 7 05:45.86(41.15)	End 06:24.20(38.34)		
4 Connor HEALY (WOWN)	(02) [3]	(07:01.91)	06:33.06	6.8	215 (215)
Lap 1 00:41.39(41.39)	Lap 2 01:34.55(53.16)	Lap 3 02:23.06(48.51)	Lap 4 03:10.28(47.22)		
Lap 5 04:08.52(58.24)	Lap 6 05:06.54(58.02)	Lap 7 05:50.57(44.03)	End 06:33.06(42.49)		
7 Christopher VIZARD (PESM)	(02) [4]	(07:20.00)	06:34.58	10.3	212 (212)
Lap 1 00:44.96(44.96)	Lap 2 01:40.30(55.34)	Lap 3 02:29.51(49.21)	Lap 4 03:16.88(47.37)		
Lap 5 04:11.44(54.56)	Lap 6 05:09.68(58.24)	Lap 7 05:51.71(42.03)	End 06:34.58(42.87)		

Results Band C, 13+ yrs

1 Alex MARTIN (FOXN)	(96) [1]	(05:32.50)	05:18.69	4.1	403
Lap 1 00:33.57(33.57)	Lap 2 01:13.09(39.52)	Lap 3 01:55.29(42.20)	Lap 4 02:36.24(40.95)		
Lap 5 03:21.63(45.39)					