



**City of Birmingham Open 2009 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

**Event 2: 400m Ind. Medley, Male, All Ages, HDW, 10/04/2009**

Place	Name	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Results Band A, Junior 9-12 yrs</b>							
1	Jordan YOUNGMAN (BHMM)	(96)	[15]	(05:33.85)	05:18.79	4.5	486 (539) 8.1%MAGQT
	<i>Lap 1</i> 00:34.19(34.19)	<i>Lap 2</i> 01:13.77(39.58)		<i>Lap 3</i> 01:54.62(40.85)	<i>Lap 4</i> 02:34.74(40.12)		
	<i>Lap 5</i> 03:21.63(46.89)	<i>Lap 6</i> 04:08.09(46.46)		<i>Lap 7</i> 04:44.13(36.04)	<i>End</i> 05:18.79(34.66)		
2	Adam RAVENSCROFT (WOWN)	(97)	[19]	(06:04.56)	05:42.48	6.0	388 (433) 1.3%MAGQT
	<i>Lap 1</i> 00:37.93(37.93)	<i>Lap 2</i> 01:23.79(45.86)		<i>Lap 3</i> 02:08.36(44.57)	<i>Lap 4</i> 02:52.42(44.06)		
	<i>Lap 5</i> 03:37.50(45.08)	<i>Lap 6</i> 04:25.05(47.55)		<i>Lap 7</i> 05:04.79(39.74)	<i>End</i> 05:42.48(37.69)		
3	Jake DIXON (BHMM)	(98)	[22]	(06:07.31)	05:44.41	6.2	381 (425) 6.7%MAGQT
	<i>Lap 1</i> 00:36.67(36.67)	<i>Lap 2</i> 01:20.13(43.46)		<i>Lap 3</i> 02:04.93(44.80)	<i>Lap 4</i> 02:48.26(43.33)		
	<i>Lap 5</i> 03:36.69(48.43)	<i>Lap 6</i> 04:25.79(49.10)		<i>Lap 7</i> 05:05.97(40.18)	<i>End</i> 05:44.41(38.44)		
4	Daniel MOORE (LEAM)	(96)	[17]	(05:49.00)	05:45.53	0.9	377 (418) 0.4%MAGQT
	<i>Lap 1</i> 00:40.04(40.04)	<i>Lap 2</i> 01:27.46(47.42)		<i>Lap 3</i> 02:09.39(41.93)	<i>Lap 4</i> 02:50.69(41.30)		
	<i>Lap 5</i> 03:39.86(49.17)	<i>Lap 6</i> 04:29.47(49.61)		<i>Lap 7</i> 05:08.35(38.88)	<i>End</i> 05:45.53(37.18)		
5	Robert HILTON (WALN)	(96)	[18]	(06:03.34)	05:50.49	3.5	360 (399)
	<i>Lap 1</i> 00:37.11(37.11)	<i>Lap 2</i> 01:21.15(44.04)		<i>Lap 3</i> 02:05.77(44.62)	<i>Lap 4</i> 02:49.47(43.70)		
	<i>Lap 5</i> 03:40.83(51.36)	<i>Lap 6</i> 04:33.00(52.17)		<i>Lap 7</i> 05:12.20(39.20)	<i>End</i> 05:50.49(38.29)		
6	James BOOKER (WALM)	(97)	[25]	(06:12.15)	05:53.52	5.0	350 (388)
	<i>Lap 1</i> 00:36.49(36.49)	<i>Lap 2</i> 01:20.22(43.73)		<i>Lap 3</i> 02:06.24(46.02)	<i>Lap 4</i> 02:49.91(43.67)		
	<i>Lap 5</i> 03:41.55(51.64)	<i>Lap 6</i> 04:33.10(51.55)		<i>Lap 7</i> 05:14.92(41.82)	<i>End</i> 05:53.52(38.60)		
7	Charles PAYNE (BHMM)	(97)	[27]	(06:15.10)	05:55.94	5.1	342 (382) 3.6%MAGQT
	<i>Lap 1</i> 00:38.43(38.43)	<i>Lap 2</i> 01:23.32(44.89)		<i>Lap 3</i> 02:09.15(45.83)	<i>Lap 4</i> 02:54.19(45.04)		
	<i>Lap 5</i> 03:46.65(52.46)	<i>Lap 6</i> 04:40.09(53.44)		<i>Lap 7</i> 05:19.27(39.18)	<i>End</i> 05:55.94(36.67)		
8	Joe LYNCH (NUNM)	(97)	[20]	(06:04.66)	05:57.47	1.9	337 (376) 3.2%MAGQT
	<i>Lap 1</i> 00:37.49(37.49)	<i>Lap 2</i> 01:22.73(45.24)		<i>Lap 3</i> 02:06.35(43.62)	<i>Lap 4</i> 02:48.11(41.76)		
	<i>Lap 5</i> 03:40.83(52.72)	<i>Lap 6</i> 04:35.51(54.68)		<i>Lap 7</i> 05:16.51(41.00)	<i>End</i> 05:57.47(40.96)		
9	Aaron KIRCHIN-BROWN (WOWN)	(97)	[23]	(06:09.91)	05:57.60	3.3	336 (375) 3.1%MAGQT
	<i>Lap 1</i> 00:38.59(38.59)	<i>Lap 2</i> 01:22.14(43.55)		<i>Lap 3</i> 02:06.26(44.12)	<i>Lap 4</i> 02:49.35(43.09)		
	<i>Lap 5</i> 03:43.11(53.76)	<i>Lap 6</i> 04:38.60(55.49)		<i>Lap 7</i> 05:19.17(40.57)	<i>End</i> 05:57.60(38.43)		
10	Mitchell PAGE (WALM)	(98)	[24]	(06:12.15)	06:01.05	2.9	326 (364) 2.2%MAGQT
	<i>Lap 1</i> 00:40.97(40.97)	<i>Lap 2</i> 01:31.74(50.77)		<i>Lap 3</i> 02:16.37(44.63)	<i>Lap 4</i> 03:00.21(43.84)		
	<i>Lap 5</i> 03:50.35(50.14)	<i>Lap 6</i> 04:42.91(52.56)		<i>Lap 7</i> 05:23.14(40.23)	<i>End</i> 06:01.05(37.91)		
11	Ross HILL (APXM)	(97)	[26]	(06:13.03)	06:05.96	1.8	311 (347) 0.9%MAGQT
	<i>Lap 1</i> 00:37.05(37.05)	<i>Lap 2</i> 01:23.58(46.53)		<i>Lap 3</i> 02:09.83(46.25)	<i>Lap 4</i> 02:55.44(45.61)		
	<i>Lap 5</i> 03:50.65(55.21)	<i>Lap 6</i> 04:47.22(56.57)		<i>Lap 7</i> 05:27.12(39.90)	<i>End</i> 06:05.96(38.84)		
12	Daniel HILL (HAHM)	(97)	[28]	(06:16.72)	06:12.94	1.0	291 (325)
	<i>Lap 1</i> 00:38.86(38.86)	<i>Lap 2</i> 01:26.64(47.78)		<i>Lap 3</i> 02:12.32(45.68)	<i>Lap 4</i> 02:58.39(46.07)		
	<i>Lap 5</i> 03:53.74(55.35)	<i>Lap 6</i> 04:49.46(55.72)		<i>Lap 7</i> 05:32.84(43.38)	<i>End</i> 06:12.94(40.10)		
13	Matthew EVANS (LICM)	(97)	[30]	(06:17.95)	06:13.68	1.1	289 (323)
	<i>Lap 1</i> 00:41.60(41.60)	<i>Lap 2</i> 01:33.45(51.85)		<i>Lap 3</i> 02:19.93(46.48)	<i>Lap 4</i> 03:05.60(45.67)		
	<i>Lap 5</i> 03:59.25(53.65)	<i>Lap 6</i> 04:54.02(54.77)		<i>Lap 7</i> 05:35.72(41.70)	<i>End</i> 06:13.68(37.96)		
14	Braiden HARTLES (REDM)	(97)	[29]	(06:17.63)	06:14.52	0.8	286 (319)
	<i>Lap 1</i> 00:38.43(38.43)	<i>Lap 2</i> 01:28.79(50.36)		<i>Lap 3</i> 02:15.59(46.80)	<i>Lap 4</i> 03:01.13(45.54)		
	<i>Lap 5</i> 03:56.90(55.77)	<i>Lap 6</i> 04:54.58(57.68)		<i>Lap 7</i> 05:35.87(41.29)	<i>End</i> 06:14.52(38.65)		
15	Conor COOGAN (STMN)	(99)	[33]	(06:45.90)	06:23.36	5.5	263 (315) 4.2%MAGQT
	<i>Lap 1</i> 00:42.74(42.74)	<i>Lap 2</i> 01:31.56(48.82)		<i>Lap 3</i> 02:21.43(49.87)	<i>Lap 4</i> 03:08.92(47.49)		
	<i>Lap 5</i> 04:05.60(56.68)	<i>Lap 6</i> 05:03.58(57.98)		<i>Lap 7</i> 05:45.16(41.58)	<i>End</i> 06:23.36(38.20)		
16	Gleb POPOV (COVM)	(98)	[34]	(06:55.00)	06:23.38	7.6	263 (315) 4.2%MAGQT
	<i>Lap 1</i> 00:39.74(39.74)	<i>Lap 2</i> 01:30.28(50.54)		<i>Lap 3</i> 02:18.13(47.85)	<i>Lap 4</i> 03:05.57(47.44)		
	<i>Lap 5</i> 04:02.14(56.57)	<i>Lap 6</i> 04:59.35(57.21)		<i>Lap 7</i> 05:43.44(44.09)	<i>End</i> 06:23.38(39.94)		
17	Nicholas HOBBS (LEAM)	(98)	[32]	(06:41.32)	06:30.31	2.7	247 (296) 2.5%MAGQT
	<i>Lap 1</i> 00:41.10(41.10)	<i>Lap 2</i> 01:31.70(50.60)		<i>Lap 3</i> 02:20.12(48.42)	<i>Lap 4</i> 03:06.85(46.73)		
	<i>Lap 5</i> 04:06.83(59.98)	<i>Lap 6</i> 05:07.67(60.84)		<i>Lap 7</i> 05:49.22(41.55)	<i>End</i> 06:30.31(41.09)		
	Piers BOYACK (HALM)	(97)	[31]	(06:20.33)	DNS		



**City of Birmingham Open 2009 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

**Results Band B, Senior 13+ yrs**

1 Sean ASHER (COVM)	(88) [1]	(04:37.00)	04:25.64	4.1	805		
Lap 1	00:28.43(28.43)	Lap 2	01:00.87(32.44)	Lap 3	01:34.77(33.90)	Lap 4	02:08.22(33.45)
Lap 5	02:45.26(37.04)	Lap 6	03:23.32(38.06)	Lap 7	03:54.70(31.38)	End	04:25.64(30.94)
2 Cameron BRODIE (EVEM)	(92) [3]	(04:50.89)	04:29.86	7.2	774	4.7%NYQT	
Lap 1	00:27.32(27.32)	Lap 2	00:58.83(31.51)	Lap 3	01:33.60(34.77)	Lap 4	02:07.77(34.17)
Lap 5	02:47.39(39.62)	Lap 6	03:27.08(39.69)	Lap 7	03:59.03(31.95)	End	04:29.86(30.83)
3 Mitchell ADSHEAD (CHSM)	(93) [2]	(04:48.16)	04:35.17	4.5	736	4.3%NYQT	
Lap 1	00:29.26(29.26)	Lap 2	01:02.71(33.45)	Lap 3	01:36.84(34.13)	Lap 4	02:10.89(34.05)
Lap 5	02:49.05(38.16)	Lap 6	03:28.67(39.62)	Lap 7	04:01.72(33.05)	End	04:35.17(33.45)
4 Richard SPOOR (BHMM)	(92) [5]	(05:00.81)	04:41.30	6.4	694	0.7%NYQT	
Lap 1	00:29.43(29.43)	Lap 2	01:05.34(35.91)	Lap 3	01:42.46(37.12)	Lap 4	02:18.76(36.30)
Lap 5	02:57.27(38.51)	Lap 6	03:35.68(38.41)	Lap 7	04:09.28(33.60)	End	04:41.30(32.02)
5 Daniel EVANS (BHMM)	(93) [6]	(05:05.22)	04:42.49	7.4	686	0.3%NYQT	
Lap 1	00:28.84(28.84)	Lap 2	01:02.43(33.59)	Lap 3	01:39.52(37.09)	Lap 4	02:16.47(36.95)
Lap 5	02:56.30(39.83)	Lap 6	03:36.78(40.48)	Lap 7	04:10.17(33.39)	End	04:42.49(32.32)
6 James ROBINSON (BHMM)	(95) [8]	(05:10.20)	05:08.04	0.6	538 (568)	1.9%MAGQT	
Lap 1	00:31.35(31.35)	Lap 2	01:09.43(38.08)	Lap 3	01:48.50(39.07)	Lap 4	02:26.52(38.02)
Lap 5	03:09.61(43.09)	Lap 6	03:54.12(44.51)	Lap 7	04:31.10(36.98)	End	05:08.04(36.94)
7 Mohammed AHMED (COVM)	(95) [7]	(05:06.19)	05:12.04	-1.9	518 (547)	0.6%MAGQT	
Lap 1	00:31.87(31.87)	Lap 2	01:09.64(37.77)	Lap 3	01:50.72(41.08)	Lap 4	02:31.04(40.32)
Lap 5	03:15.78(44.74)	Lap 6	04:00.56(44.78)	Lap 7	04:37.58(37.02)	End	05:12.04(34.46)
8 Joshua WINNICOTT (BHMM)	(96) [11]	(05:20.30)	05:12.33	2.4	517 (566)	5.2%MAGQT	
Lap 1	00:34.36(34.36)	Lap 2	01:13.35(38.99)	Lap 3	01:55.01(41.66)	Lap 4	02:35.68(40.67)
Lap 5	03:17.28(41.60)	Lap 6	04:01.23(43.95)	Lap 7	04:38.15(36.92)	End	05:12.33(34.18)
9 Louis OLIVER (BHMM)	(95) [9]	(05:11.10)	05:14.95	-1.2	504 (551)	4.4%MAGQT	
Lap 1	00:32.69(32.69)	Lap 2	01:14.89(42.20)	Lap 3	01:55.20(40.31)	Lap 4	02:33.86(38.66)
Lap 5	03:16.92(43.06)	Lap 6	04:01.10(44.18)	Lap 7	04:39.48(38.38)	End	05:14.95(35.47)
10 Adam SILVESTER (CHSM)	(95) [10]	(05:20.09)	05:15.71	1.3	501 (548)		
Lap 1	00:33.29(33.29)	Lap 2	01:13.62(40.33)	Lap 3	01:50.80(37.18)	Lap 4	02:28.22(37.42)
Lap 5	03:17.95(49.73)	Lap 6	04:08.54(50.59)	Lap 7	04:42.63(34.09)	End	05:15.71(33.08)
11 Conner SMITH (HERM)	(94) [12]	(05:22.76)	05:18.89	1.1	486 (513)		
Lap 1	00:33.72(33.72)	Lap 2	01:14.20(40.48)	Lap 3	01:54.93(40.73)	Lap 4	02:34.89(39.96)
Lap 5	03:20.47(45.58)	Lap 6	04:07.22(46.75)	Lap 7	04:42.93(35.71)	End	05:18.89(35.96)
12 John FRIEND (KAQM)	(95) [16]	(05:36.63)	05:19.78	5.0	482 (509)		
Lap 1	00:33.61(33.61)	Lap 2	01:13.57(39.96)	Lap 3	01:54.92(41.35)	Lap 4	02:36.00(41.08)
Lap 5	03:22.05(46.05)	Lap 6	04:09.15(47.10)	Lap 7	04:45.22(36.07)	End	05:19.78(34.56)
13 Jacob SCULLION (COVM)	(95) [14]	(05:25.04)	05:22.66	0.7	469 (513)	2.0%MAGQT	
Lap 1	00:36.48(36.48)	Lap 2	01:17.11(40.63)	Lap 3	01:57.40(40.29)	Lap 4	02:37.45(40.05)
Lap 5	03:24.67(47.22)	Lap 6	04:13.00(48.33)	Lap 7	04:48.87(35.87)	End	05:22.66(33.79)
14 Ben BUCKLEY (CREN)	(95) [13]	(05:24.43)	05:27.16	-0.8	449 (491)	0.7%MAGQT	
Lap 1	00:33.63(33.63)	Lap 2	01:13.68(40.05)	Lap 3	01:56.85(43.17)	Lap 4	02:38.55(41.70)
Lap 5	03:24.82(46.27)	Lap 6	04:12.71(47.89)	Lap 7	04:50.86(38.15)	End	05:27.16(36.30)

**Event 3: 400m Ind. Medley, Female, All Ages, HDW, 10/04/2009**

Place	Name	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts	
1	Penny WHITTINGHAM (BHMM)	(97)	[19]	(05:46.30)	05:23.70	6.5	626 (669) 11.9%MAGQT, 3.1%NAGQT	
	Lap 1	00:33.97(33.97)	Lap 2	01:13.48(39.51)	Lap 3	01:55.25(41.77)	Lap 4	02:35.70(40.45)
	Lap 5	03:23.21(47.51)	Lap 6	04:10.97(47.76)	Lap 7	04:48.77(37.80)	End	05:23.70(34.93)
2	Emma SMITH (BHMM)	(96)	[14]	(05:32.85)	05:24.89	2.3	619 (654) 6.4%MAGQT	
	Lap 1	00:35.21(35.21)	Lap 2	01:15.39(40.18)	Lap 3	01:56.64(41.25)	Lap 4	02:36.67(40.03)
	Lap 5	03:25.44(48.77)	Lap 6	04:14.63(49.19)	Lap 7	04:50.73(36.10)	End	05:24.89(34.16)
3	Alice DEARING (BHMM)	(97)	[21]	(05:46.62)	05:33.22	3.8	577 (617) 4.0%MAGQT	
	Lap 1	00:34.69(34.69)	Lap 2	01:14.48(39.79)	Lap 3	01:58.99(44.51)	Lap 4	02:40.71(41.72)
	Lap 5	03:30.55(49.84)	Lap 6	04:19.99(49.44)	Lap 7	04:57.03(37.04)	End	05:33.22(36.19)
4	Grace ALEXANDER (HERM)	(96)	[24]	(05:53.17)	05:38.39	4.1	552 (583) 2.5%MAGQT	
	Lap 1	00:36.77(36.77)	Lap 2	01:19.92(43.15)	Lap 3	02:01.35(41.43)	Lap 4	02:42.41(41.06)
	Lap 5	03:32.04(49.63)	Lap 6	04:23.21(51.17)	Lap 7	05:01.73(38.52)	End	05:38.39(36.66)



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5 Heather ROEBUCK (APXM)	(96) [22]	(05:51.06)	05:39.45	3.3	547 (578)	
Lap 1 00:37.02(37.02)	Lap 2 01:19.16(42.14)	Lap 3 02:03.81(44.65)	Lap 4 02:47.11(43.30)			
Lap 5 03:35.44(48.33)	Lap 6 04:24.21(48.77)	Lap 7 05:03.47(39.26)	End 05:39.45(35.98)			
6 Katie RICHARDSON (BHMM)	(96) [18]	(05:38.77)	05:40.73	-0.5	541 (571)	1.8%MAGQT
Lap 1 00:37.74(37.74)	Lap 2 01:20.35(42.61)	Lap 3 02:02.74(42.39)	Lap 4 02:43.76(41.02)			
Lap 5 03:34.73(50.97)	Lap 6 04:25.62(50.89)	Lap 7 05:04.29(38.67)	End 05:40.73(36.44)			
7 Jessica MOORE (LEAM)	(96) [26]	(05:55.00)	05:46.93	2.2	513 (542)	0.0%MAGQT
Lap 1 00:36.41(36.41)	Lap 2 01:21.34(44.93)	Lap 3 02:07.73(46.39)	Lap 4 02:52.70(44.97)			
Lap 5 03:40.51(47.81)	Lap 6 04:31.18(50.67)	Lap 7 05:10.13(38.95)	End 05:46.93(36.80)			
8 Bethany YOUNG (WOWN)	(97) [23]	(05:52.91)	05:48.65	1.2	505 (540)	5.1%MAGQT
Lap 1 00:36.09(36.09)	Lap 2 01:19.76(43.67)	Lap 3 02:05.27(45.51)	Lap 4 02:49.15(43.88)			
Lap 5 03:40.14(50.99)	Lap 6 04:31.24(51.10)	Lap 7 05:10.40(39.16)	End 05:48.65(38.25)			
9 Givenchy SNEEKES (BHMM)	(97) [45]	(06:54.05)	05:50.24	15.4	499 (534)	
Lap 1 00:38.99(38.99)	Lap 2 01:25.23(46.24)	Lap 3 02:09.27(44.04)	Lap 4 02:52.86(43.59)			
Lap 5 03:42.59(49.73)	Lap 6 04:32.18(49.59)	Lap 7 05:12.69(40.51)	End 05:50.24(37.55)			
10 Charlotte COMBE (HERM)	(97) [29]	(06:00.69)	05:53.00	2.1	487 (521)	3.9%MAGQT
Lap 1 00:39.15(39.15)	Lap 2 01:24.55(45.40)	Lap 3 02:08.28(43.73)	Lap 4 02:51.53(43.25)			
Lap 5 03:43.65(52.12)	Lap 6 04:36.65(53.00)	Lap 7 05:14.90(38.25)	End 05:53.00(38.10)			
11 Emily GRAHAM (SOLM)	(99) [37]	(06:23.00)	05:56.76	6.8	471 (533)	10.9%MAGQT
Lap 1 00:37.23(37.23)	Lap 2 01:22.90(45.67)	Lap 3 02:08.77(45.87)	Lap 4 02:54.24(45.47)			
Lap 5 03:46.59(52.35)	Lap 6 04:37.94(51.35)	Lap 7 05:18.69(40.75)	End 05:56.76(38.07)			
12 Hannah CLAY (RADM)	(97) [31]	(06:06.39)	05:56.91	2.5	471 (497)	
Lap 1 00:39.39(39.39)	Lap 2 01:27.11(47.72)	Lap 3 02:12.42(45.31)	Lap 4 02:55.89(43.47)			
Lap 5 03:47.35(51.46)	Lap 6 04:38.51(51.16)	Lap 7 05:19.64(41.13)	End 05:56.91(37.27)			
13 Sophie BELL (WOWN)	(97) [36]	(06:21.72)	05:57.21	6.4	470 (496)	
Lap 1 00:40.62(40.62)	Lap 2 01:28.31(47.69)	Lap 3 02:14.73(46.42)	Lap 4 03:01.15(46.42)			
Lap 5 03:48.68(47.53)	Lap 6 04:37.76(49.08)	Lap 7 05:19.41(41.65)	End 05:57.21(37.80)			
14 Charlotte LOMAS (RADM)	(97) [32]	(06:07.87)	05:59.65	2.2	460 (492)	2.1%MAGQT
Lap 1 00:40.21(40.21)	Lap 2 01:27.77(47.56)	Lap 3 02:13.43(45.66)	Lap 4 02:57.73(44.30)			
Lap 5 03:50.09(52.36)	Lap 6 04:42.47(52.38)	Lap 7 05:21.67(39.20)	End 05:59.65(37.98)			
15 Sarah KING (NUNM)	(97) [34]	(06:15.18)	06:03.05	3.2	447 (478)	
Lap 1 00:37.19(37.19)	Lap 2 01:22.52(45.33)	Lap 3 02:09.44(46.92)	Lap 4 02:55.55(46.11)			
Lap 5 03:48.90(53.35)	Lap 6 04:42.31(53.41)	Lap 7 05:23.18(40.87)	End 06:03.05(39.87)			
16 Lara HADLINGTON (BHMM)	(97) [28]	(05:58.78)	06:05.41	-1.8	438 (468)	0.5%MAGQT
Lap 1 00:39.98(39.98)	Lap 2 01:31.79(51.81)	Lap 3 02:16.67(44.88)	Lap 4 03:00.93(44.26)			
Lap 5 03:53.05(52.12)	Lap 6 04:45.03(51.98)	Lap 7 05:27.30(42.27)	End 06:05.41(38.11)			
17 Shannon BROWN (NOVA)	(97) [38]	(06:29.16)	06:07.67	5.5	429 (459)	
Lap 1 00:39.82(39.82)	Lap 2 01:26.92(47.10)	Lap 3 02:13.44(46.52)	Lap 4 02:59.93(46.49)			
Lap 5 03:52.17(52.24)	Lap 6 04:44.92(52.75)	Lap 7 05:27.28(42.36)	End 06:07.67(40.39)			
18 Jessica FITTON (NUNM)	(97) [35]	(06:18.62)	06:09.14	2.5	424 (453)	
Lap 1 00:41.08(41.08)	Lap 2 01:31.26(50.18)	Lap 3 02:16.11(44.85)	Lap 4 03:00.22(44.11)			
Lap 5 03:54.88(54.66)	Lap 6 04:49.77(54.89)	Lap 7 05:30.45(40.68)	End 06:09.14(38.69)			
19 Hannah MATTHEWS (COVM)	(96) [52]	(07:30.00)	06:21.05	15.3	383 (404)	
20 Holly MITCHELL (WOWN)	(98) [50]	(07:06.39)	06:27.36	9.1	363 (411)	3.3%MAGQT
Lap 1 00:45.59(45.59)	Lap 2 01:39.35(53.76)	Lap 3 02:26.04(46.69)	Lap 4 03:12.99(46.95)			
Lap 5 04:08.20(55.21)	Lap 6 05:03.30(55.10)	Lap 7 05:46.61(43.31)	End 06:27.36(40.75)			
21 Mary YOXALL (HERM)	(98) [39]	(06:29.88)	06:29.49	0.1	356 (403)	2.7%MAGQT
Lap 1 00:41.36(41.36)	Lap 2 01:31.79(50.43)	Lap 3 02:20.87(49.08)	Lap 4 03:09.60(48.73)			
Lap 5 04:06.68(57.08)	Lap 6 05:03.70(57.02)	Lap 7 05:47.92(44.22)	End 06:29.49(41.57)			
22 Daisy BOWATER (COVM)	(97) [41]	(06:35.80)	06:37.83	-0.5	332 (355)	
Lap 1 00:42.15(42.15)	Lap 2 01:35.72(53.57)	Lap 3 02:26.26(50.54)	Lap 4 03:16.54(50.28)			
Lap 5 04:14.40(57.86)	Lap 6 05:12.98(58.58)	Lap 7 05:57.92(44.94)	End 06:37.83(39.91)			
23 Siobhan TAYLOR (SOLM)	(97) [43]	(06:40.50)	06:38.22	0.5	330 (349)	
Lap 1 00:43.30(43.30)	Lap 2 01:37.57(54.27)	Lap 3 02:27.90(50.33)	Lap 4 03:16.93(49.03)			
Lap 5 04:13.53(56.60)	Lap 6 05:09.68(56.15)	Lap 7 05:54.45(44.77)	End 06:38.22(43.77)			
24 Morgan HARLOW (BLDM)	(98) [40]	(06:35.70)	06:41.66	-1.5	321 (343)	
Lap 1 00:41.80(41.80)	Lap 2 01:32.36(50.56)	Lap 3 02:24.21(51.85)	Lap 4 03:14.78(50.57)			
Lap 5 04:11.03(56.25)	Lap 6 05:08.00(56.97)	Lap 7 05:55.77(47.77)	End 06:41.66(45.89)			
25 Nixie TURNER (WORM)	(98) [44]	(06:43.52)	06:43.29	0.0	316 (357)	
Lap 1 00:47.15(47.15)	Lap 2 01:46.27(59.12)	Lap 3 02:34.49(48.22)	Lap 4 03:21.63(47.14)			



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Lap 5 04:19.09(57.46)	Lap 6 05:16.11(57.02)	Lap 7 06:00.58(44.47)	End 06:43.29(42.71)
26 Shannon FOX (FOXM)	(98) [47]	(06:55.00) 06:46.58 2.0	308 (329)
Lap 1 00:41.72(41.72)	Lap 2 01:31.32(49.60)	Lap 3 02:23.76(52.44)	Lap 4 03:15.35(51.59)
Lap 5 04:12.11(56.76)	Lap 6 05:10.19(58.08)	Lap 7 05:58.60(48.41)	End 06:46.58(47.98)
27 Tazmin PUGH (PESM)	(00) [49]	(06:59.21) 06:46.71 2.9	307 (338)
Lap 1 00:44.90(44.90)	Lap 2 01:38.96(54.06)	Lap 3 02:30.74(51.78)	Lap 4 03:21.31(50.57)
Lap 5 04:17.79(56.48)	Lap 6 05:16.76(58.97)	Lap 7 06:03.92(47.16)	End 06:46.71(42.79)
28 Bethan HINETT (COVM)	(99) [53]	(07:50.00) 06:46.75 13.4	307 (338)
Abbie COOKE (FOXM)	(99) [51]	(07:10.00) DSQ	Faulty arms
Lydia NEW (BHMM)	(97) [20]	(05:46.50) DSQ	Faulty turn
Lap 1 00:35.28(35.28)	Lap 2 01:18.70(43.42)	Lap 3 01:58.80(40.10)	Lap 4 02:40.04(41.24)
Lap 5 03:29.35(49.31)	Lap 6 04:19.00(49.65)	Lap 7 04:54.99(35.99)	End 00:00.00(-294.99)
Phillipa ROEBUCK (APXM)	(99) [46]	(06:54.72) DSQ	Wrong stroke
Lap 1 00:45.28(45.28)	Lap 2 01:41.73(56.45)	Lap 3 02:33.91(52.18)	Lap 4 03:25.06(51.15)
Lap 5 04:24.46(59.40)	Lap 6 05:23.36(58.90)	Lap 7 06:07.43(44.07)	End 00:00.00(-367.43)
Courtney SMITH (HERM)	(98) [48]	(06:55.55) DSQ	One handed touch
Lap 1 00:46.71(46.71)	Lap 2 01:44.11(57.40)	Lap 3 02:31.78(47.67)	Lap 4 03:17.62(45.84)
Lap 5 04:10.43(52.81)	Lap 6 05:03.75(53.32)	Lap 7 05:47.97(44.22)	End 00:00.00(-347.97)
Anna WILLETTS (HAHM)	(98) [42]	(06:38.60) DSQ	Faulty arms
Lap 1 00:45.33(45.33)	Lap 2 01:37.02(51.69)	Lap 3 02:29.46(52.44)	Lap 4 03:19.88(50.42)
Lap 5 04:14.18(54.30)	Lap 6 05:09.87(55.69)	Lap 7 05:56.33(46.46)	End 00:00.00(-356.33)

Results Band B, Senior 13+ yrs

1 Holly LYNCH (BHMM)	(92) [1]	(05:07.07) 04:57.33 3.1	784 2.6%NYQT
Lap 1 00:32.15(32.15)	Lap 2 01:08.55(36.40)	Lap 3 01:46.05(37.50)	Lap 4 02:23.19(37.14)
Lap 5 03:05.75(42.56)	Lap 6 03:49.50(43.75)	Lap 7 04:24.22(34.72)	End 04:57.33(33.11)
Lap 9 19:53.98(896.65)	Lap 10 20:14.88(20.90)	Lap 11 20:40.20(25.32)	Lap 12 21:02.45(22.25)
Lap 13 21:24.79(22.34)	Lap 14 21:45.96(21.17)	Lap 15 22:06.83(20.87)	End 04:57.33(-1029.5)
2 Rebecca BARSBY (CALA)	(93) [2]	(05:09.43) 05:02.25 2.3	752 1.2%NYQT
Lap 1 00:32.96(32.96)	Lap 2 01:10.47(37.51)	Lap 3 01:50.08(39.61)	Lap 4 02:28.80(38.72)
Lap 5 03:10.51(41.71)	Lap 6 03:53.54(43.03)	Lap 7 04:28.47(34.93)	End 05:02.25(33.78)
Lap 9 19:50.90(888.65)	Lap 10 20:15.48(24.58)	Lap 11 20:40.68(25.20)	Lap 12 21:00.80(20.12)
Lap 13 21:23.23(22.43)	Lap 14 21:43.42(20.19)	Lap 15 22:05.37(21.95)	End 05:02.25(-1023.1)
3 Bethany HAMMOND (COVM)	(91) [3]	(05:12.19) 05:09.75 0.7	705
Lap 1 00:33.22(33.22)	Lap 2 01:10.66(37.44)	Lap 3 01:50.78(40.12)	Lap 4 02:30.39(39.61)
Lap 5 03:15.20(44.81)	Lap 6 04:00.22(45.02)	Lap 7 04:35.44(35.22)	End 05:09.75(34.31)
Lap 9 19:50.96(881.21)	Lap 10 20:11.60(20.64)	Lap 11 20:47.85(36.25)	Lap 12 21:13.05(25.20)
Lap 13 21:37.08(24.03)	Lap 14 22:02.13(25.05)	Lap 15 22:26.54(24.41)	End 05:09.75(-1036.8)
4 Alice HOLMES (BHMM)	(95) [7]	(05:25.31) 05:12.68 3.8	688 (715) 6.6%MAGQT
Lap 1 00:32.79(32.79)	Lap 2 01:11.58(38.79)	Lap 3 01:50.96(39.38)	Lap 4 02:30.32(39.36)
Lap 5 03:17.12(46.80)	Lap 6 04:04.13(47.01)	Lap 7 04:40.10(35.97)	End 05:12.68(32.58)
5 Rebecca SPOOR (BHMM)	(94) [8]	(05:26.78) 05:12.95 4.2	686
Lap 1 00:32.89(32.89)	Lap 2 01:12.17(39.28)	Lap 3 01:53.85(41.68)	Lap 4 02:34.67(40.82)
Lap 5 03:18.95(44.28)	Lap 6 04:03.91(44.96)	Lap 7 04:39.54(35.63)	End 05:12.95(33.41)
6 Kristie HACKETT (BHMM)	(95) [6]	(05:17.90) 05:13.97 1.2	680 (707) 6.2%MAGQT
Lap 1 00:33.77(33.77)	Lap 2 01:11.82(38.05)	Lap 3 01:52.38(40.56)	Lap 4 02:31.38(39.00)
Lap 5 03:18.71(47.33)	Lap 6 04:05.99(47.28)	Lap 7 04:40.46(34.47)	End 05:13.97(33.51)
Lap 9 19:51.17(877.20)	Lap 10 20:12.16(20.99)	Lap 11 20:50.11(37.95)	Lap 12 21:12.86(22.75)
Lap 13 21:34.00(21.14)	Lap 14 22:05.84(31.84)	Lap 15 22:25.89(20.05)	End 05:13.97(-1031.9)
7 Jenny FOWLER (BHMM)	(94) [5]	(05:15.50) 05:15.01 0.1	674
Lap 1 00:33.19(33.19)	Lap 2 01:11.48(38.29)	Lap 3 01:52.29(40.81)	Lap 4 02:32.31(40.02)
Lap 5 03:17.93(45.62)	Lap 6 04:03.58(45.65)	Lap 7 04:40.23(36.65)	End 05:15.01(34.78)
Lap 9 20:19.23(904.22)	Lap 10 20:42.26(23.03)	Lap 11 21:22.72(40.46)	Lap 12 21:45.68(22.96)
Lap 13 22:05.82(20.14)	Lap 14 22:34.11(28.29)	Lap 15 22:56.18(22.07)	End 05:15.01(-1061.2)
8 Laura HUDSON (PLYW)	(93) [4]	(05:12.97) 05:22.04 -2.8	635
Lap 1 00:34.45(34.45)	Lap 2 01:13.34(38.89)	Lap 3 01:52.38(39.04)	Lap 4 02:30.90(38.52)
Lap 5 03:19.14(48.24)	Lap 6 04:07.15(48.01)	Lap 7 04:45.29(38.14)	End 05:22.04(36.75)
Lap 9 20:00.22(878.18)	Lap 10 20:20.80(20.58)	Lap 11 20:53.30(32.50)	Lap 12 21:14.77(21.47)
Lap 13 21:36.72(21.95)	Lap 14 22:01.67(24.95)	Lap 15 22:33.58(31.91)	End 05:22.04(-1031.5)
9 Alix SWINHOE (BHMM)	(94) [15]	(05:34.00) 05:23.51 3.1	627
Lap 1 00:34.11(34.11)	Lap 2 01:13.89(39.78)	Lap 3 01:58.04(44.15)	Lap 4 02:40.53(42.49)



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Lap 5	03:25.12(44.59)	Lap 6	04:10.86(45.74)	Lap 7	04:48.37(37.51)	End	05:23.51(35.14)
10 Emma SANSBY (COVM)		(95) [9]	(05:27.87)	05:24.36	1.0	622 (646)	
Lap 1	00:34.58(34.58)	Lap 2	01:15.30(40.72)	Lap 3	01:56.82(41.52)	Lap 4	02:37.51(40.69)
Lap 5	03:24.35(46.84)	Lap 6	04:11.90(47.55)	Lap 7	04:48.64(36.74)	End	05:24.36(35.72)
11 Rebecca COLE (STRM)		(94) [11]	(05:31.17)	05:26.87	1.2	609	
Lap 1	00:34.18(34.18)	Lap 2	01:15.17(40.99)	Lap 3	01:55.05(39.88)	Lap 4	02:34.40(39.35)
Lap 5	03:22.82(48.42)	Lap 6	04:12.18(49.36)	Lap 7	04:49.69(37.51)	End	05:26.87(37.18)
12 Tori FOSTER (BHMM)		(95) [17]	(05:37.50)	05:27.00	3.1	608 (632)	2.3%MAGQT
Lap 1	00:35.51(35.51)	Lap 2	01:16.08(40.57)	Lap 3	01:59.28(43.20)	Lap 4	02:41.23(41.95)
Lap 5	03:26.05(44.82)	Lap 6	04:11.78(45.73)	Lap 7	04:50.65(38.87)	End	05:27.00(36.35)
13 Charlotte CHESHIRE (COVM)		(92) [16]	(05:35.02)	05:30.17	1.4	592	
Lap 1	00:36.04(36.04)	Lap 2	01:16.86(40.82)	Lap 3	01:59.33(42.47)	Lap 4	02:40.62(41.29)
Lap 5	03:28.72(48.10)	Lap 6	04:17.97(49.25)	Lap 7	04:54.33(36.36)	End	05:30.17(35.84)
14 Catherine ARNOLD (CHSM)		(94) [10]	(05:29.59)	05:31.34	-0.5	586	
Lap 1	00:34.16(34.16)	Lap 2	01:14.51(40.35)	Lap 3	01:57.15(42.64)	Lap 4	02:38.88(41.73)
Lap 5	03:28.25(49.37)	Lap 6	04:17.74(49.49)	Lap 7	04:53.99(36.25)	End	05:31.34(37.35)
15 Courtni FOSTER (BHMM)		(95) [13]	(05:32.70)	05:45.10	-3.7	521 (541)	
Lap 1	00:34.14(34.14)	Lap 2	01:14.15(40.01)	Lap 3	01:58.77(44.62)	Lap 4	02:42.03(43.26)
Lap 5	03:32.76(50.73)	Lap 6	04:23.85(51.09)	Lap 7	05:04.61(40.76)	End	05:45.10(40.49)
16 Emily JENKINS (HERM)		(95) [33]	(06:14.10)	06:15.87	-0.4	400 (416)	
Lap 1	00:41.24(41.24)	Lap 2	01:29.15(47.91)	Lap 3	02:15.15(46.00)	Lap 4	02:59.65(44.50)
Lap 5	03:57.20(57.55)	Lap 6	04:55.12(57.92)	Lap 7	05:36.21(41.09)	End	06:15.87(39.66)